



April 2021 Newsletter

Words from the Installation Volunteer Coordinator

April is the month where we would like to observe two special groups who are an inspirational part of our MCAS Yuma community- our military kids and our volunteers.

National Volunteer Appreciation Month is observed during the month of April. During this time, we would like to take a moment to reflect on the irreplaceable influence volunteers have made within our community, on and off of the installation. We can confidently say that the altruistic efforts of the volunteers, whom are a part of MCAS Yuma, have made a difference in the lives of our military families and the members of our local community. They have also made impacts in the quality of life of animals, assisted with environmental issues and beautification projects, and contributed to many diverse and noteworthy causes and initiatives. This has ultimately led to impactful change and growth in this desert that we call home. As the Installation Volunteer Coordinator, I would like to say, "Thank you!" to all of our volunteers. We truly appreciate all of your contributions.

Additionally, April is recognized as the Month of the Military Child. Former Secretary of Defense, Casper Weinberger established the Month of the Military Child as a Department of Defense-wide commemoration in 1986. Since then, military families and Americans across the United States have observed this month, in tribute to some of the most resilient kids around- our very own mil-kids! To show your pride and spirit towards military kids, make sure to wear purple on April 15th, as part of the "Purple Up! For Military Kids" initiative. Let's paint Yuma purple to show our appreciation and thanks to all of the military children and their sacrifices. We want to see your spirit, so please send photos to MCASYumaMCFTB@usmc-mccs.org for a chance to win a prize.

Volunteer Event of the Month

This April we are all about shining light on our volunteers and the many volunteer opportunities available within our community. Please take a look at our calendar of events and join us in one of our many options focused on volunteerism.

Last year, right before the COVID-19 pandemic hit, the Installation Volunteer Coordinator collaborated with the Single Marine Program to offer the 1st MCAS Yuma Volunteer Fair. This event turned out to be a success, so this year we wanted to offer something similar to our community, while still respecting the current standings we face regarding the pandemic. So we are excited to announce that we

will be hosting a Mini Volunteer Fair this year at the SMP Rec Center on April 27, 2021 from 10:00am-1:00pm! Please read the below information and SAVE THE DATE! Those who are interested in participating are welcome to stop by and leave at their convenience. Please note that there is a limit of 50 people inside at one time, so make sure to get there early if you don't want to risk waiting a few minutes to get inside.

What to expect:

Volunteer program tables.

Information about how to earn the Presidential Volunteer Service Award.

Information on the MCAS Yuma Volunteer of the Year Award.

Listings of Volunteer Opportunities that provide LOA's, childcare reimbursement, and other incentives.

Event Takeaways:

How to get involved.

How to build your resume.

Benefits of volunteering.

How to overcome the obstacles of volunteering.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 9:00am-10:00am: Adobe Connect, Virtual 1:00pm-2:30pm: Family Care Plan, Bldg. 598	2
5 8:30am-3:30pm: DRC/URC Training, Bldg. 598	6 8:30am-3:30pm: DRC/URC Training, Bldg. 598	7 8:30am-3:30pm: DRC/URC Training, Bldg. 598 3:00pm-5:00pm: Real Relationships, Bldg. 598	8 8:30am-3:30pm: DRC/URC Training, Bldg. 598	9
12 10:00am-12:00pm: L.I.N.K.S. Mini Session, Virtual	13	14 9:00am-4:30pm: LINKS for Couples & Spouses, Bldg. 598	15	16
19 2:00pm-3:00pm: Linking Up Spouses Connection Group, Virtual	20 9:00am-4:00pm: PREP, Bldg. 598 2:30pm-4:00pm 4 Lenses, bldg. 598	21	22	23
26 4:00pm-5:00pm: Volunteer Coordinator Brief, Virtual	27 10:00am-1:00pm: Mini Volunteer Fair, Sonoran Pueblo	28	29 4:00pm-5:00pm: Hearts Apart, Virtual	30

CLASS DESCRIPTIONS

Lifestyles Insights, Networking, Knowledge & Skills (L.I.N.K.S.)

L.I.N.K.S. Mini: Investing In Your Community and Staying Marine

L.I.N.K.S. mini sessions are designed to educate and empower participants on specific topics that would be generally covered in a full day L.I.N.K.S. class. This mini session will be provided virtually, via Adobe Connect.

L.I.N.K.S. for Couples & Spouses

This class is designed to familiarize service members and their family members with the Marine Corps lifestyle, some of the challenges they might face, and how to overcome those challenges in positive ways. Participants who attend can expect to learn a lot about the Marine Corps, as well as gain information about MCAS Yuma and the surrounding community. Attendees will gain further insights on resources, benefits, and services available to their family. This class encourages interaction and is facilitated through games, activities, and guided discussions.

LifeSkills

Family Care Plan

This workshop covers the new requirements of the Marine Corps Order 1740.13C. We highlight the four pillars (legal, medical, financial and logistics) upon which the Family Care Plan is constructed. We discuss the three different care providers and who needs what.

Real Relationships

Resilient, healthy relationships are built on interpersonal skills of communication, conflict resolution, and setting boundaries. Enhancing these skills offers growth to the parties involved. Real Relationships shows participants how to identify the hallmarks of meaningful relationships and how to build skills to make them stronger. Through a variety of activities, Real Relationships develops these skills using tools designed to engage participants in a way that allows for personal growth.

PREP: 6 Hours to a Successful Relationship

All of us can improve our skills when it comes to loving the most important people in our lives. Every couple starts off their relationship committed to making it work. Unfortunately, many of us simply do not know HOW to accomplish a healthy and fulfilling marriage. The difficulty is not knowing what to do to make that happen! PREP can provide concrete strategies and tools to build a rewarding marriage.

Readiness & Deployment Support

Hearts Apart

This group provides information and support for all aspects of the military lifestyle. Make new friends, learn new care package ideas, celebrate successes, and support others within your community who understand the military life and the emotional ups & downs. Prepare for your service members return and begin to think about the reintegration process. This class will be held via Adobe Connect.

All MCFTB classes and workshops require preregistration. Please call (928)269-6550 or email MCFTBYuma@usmc-mccs.org for more information, questions and to register.