

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2. BREAKFAST: WAFFLES, BERRY MIX (STRAWBERRIES, BLUEBERRIES, BLACKBERRIES, RASPBERRIES) MILK</p> <p>LUNCH: HM CHICKEN FRIED RICE, PEAS & CARROTS, PEARS, MILK</p> <p>SNACK: WGR SOFT PRETZELS, CHEESE SAUCE</p>	<p>3. BREAKFAST: RICE KRISPIES CEREAL, PEACHES, MILK</p> <p>LUNCH: HM PEPPERONI CHEESE PIZZA ON ENGLISH MUFFIN, PINEAPPLE, PEAS, MILK</p> <p>SNACK: STRAWBERRY YOGURT, WGR GRAHAM CRACKERS</p>	<p>4. BREAKFAST: HM SCRAMBLED EGGS, FRUIT COCKTAIL (PEACHES, PEARS, CHERRIES, PINEAPPLE, GRAPES) MILK</p> <p>LUNCH: HM GRILLED CHEESE ON WGR BREAD, TOMATO SOUP, APPLES, MILK</p> <p>SNACK: BISCUITS, STRAWBERRY JAM, MILK</p>	<p>5. BREAKFAST: CHEERIOS, BANANA, MILK</p> <p>LUNCH: HM ROASTED PORK LOIN, WGR ROLL, ROASTED POTATOES, STRAWBERRIES, MILK</p> <p>SNACK: COTTAGE CHEESE, PINEAPPLE</p>	<p>6. BREAKFAST: WGR ENGLISH MUFFIN, ORANGES, MILK</p> <p>LUNCH: HM BEEF & BROCCOLI, RICE, MANGO, MILK</p> <p>SNACK: CN REFRIED BEANS, FLOUR TORTILLA, APPLE JUICE</p>
<p>9. BREAKFAST: WGR: BAGEL, PEACHES, MILK</p> <p>LUNCH: HM CHICKEN SOUP, RICE, PEAS & CARROTS, ORANGES, MILK</p> <p>SNACK: TURKEY/HAM, WGR BREAD</p>	<p>10. BREAKFAST: KIX CEREAL, MANDARIN ORANGES, MILK</p> <p>LUNCH: FISH STICKS, WGR BREAD, GREEN BEANS, MANGO, MILK</p> <p>SNACK: WGR GOLD FISH CRACKERS, STRING CHEESE</p>		<p>12. BREAKFAST: WGR OATMEAL, STRAWBERRIES, MILK</p> <p>LUNCH: HM BBQ CHICKEN, BAKED BEANS, GRAPES, CROISSANT, MILK</p> <p>SNACK: BREADSTICKS, MARINARA SAUCE</p>	<p>13. BREAKFAST: WAFFLES, APPLESAUCE, MILK</p> <p>LUNCH: HM MEATLOAF, WGR ROLL, HM MASHED POTATOES, APPLES, MILK</p> <p>SNACK: WGR GRAHAM CRACKERS, MILK</p>
<p>16. BREAKFAST: WGR TOAST, PEARS, MILK</p> <p>LUNCH: HM TURKEY DINNER, WGR ROLL, CANTALOUPE CORN,, MILK</p> <p>SNACK: MANGO CHUNKS RITZ CRACKERS</p>	<p>17. BREAKFAST: CORN FLAKES CEREAL, STRAWBERRIES, MILK</p> <p>LUNCH: CN CHICKEN NUGGETS, BREADSTICK, HM FRENCH FRIES, GRAPES, MILK</p> <p>SNACK: WGR BAGEL, L/F CREAM CHEESE, MILK</p>	<p>18. BREAKFAST: HM EGG & CHEESE BURITOS, APPLESAUCE, MILK</p> <p>LUNCH: HM BEEF LASAGNA, BROCCOLI, ORANGES, MILK</p> <p>SNACK: COTTAGE CHEESE, PEACHES</p>	<p>19. BREAKFAST: ENGLISH MUFFIN, BANANA, MILK</p> <p>LUNCH: HM BEEF CHILI, CORNBREAD, GREEN BEANS, PINEAPPLE, MILK</p> <p>SNACK: WGR PITA BREAD, APPLE JUICE</p>	<p>20. BREAKFAST: WAFFLES, RASPBERRIES, MILK</p> <p>LUNCH: WGR ORANGE CHICKEN (CN) RICE, CARROTS, APPLES, MILK</p> <p>SNACK: HARD BOILED EGG, ORANGES</p>
<p>23. BREAKFAST: STRAWBERRY YOGURT, FRUIT COCKTAIL (PEACHES, PEARS, CHERRIES, PINEAPPLE, GRAPES) MILK</p> <p>LUNCH: HM CHICKEN NOODLE SOUP, PEAS & CARROTS, PEARS, MILK</p> <p>SNACK: WGR BISCUITS, W/ JELLY, MILK</p>	<p>24. BREAKFAST: CREAM OF WHEAT, MANDARIN ORANGES, MILK</p> <p>LUNCH: HM CHEESE QUESADILLA, CN REFRIED BEANS, APPLES, MILK</p> <p>SNACK: CHEX MIX, BANANA</p>	<p>25. BREAKFAST: WGR FRENCH TOAST STICKS, STRAWBERRIES, MILK</p> <p>LUNCH: HM CHICKEN ALFREDO, BROCCOLI, WATERMELON, MILK</p> <p>SNACK: STRING CHEESE, CANTALOUPE</p>	<p>26.</p> 	<p>27. BREAKFAST: WGR ENGLISH MUFFINS, APPLESAUCE, MILK</p> <p>LUNCH: HM ALBONDIGA SOUP, SPANISH RICE, ZUCCHINI, PEACHES, MILK</p> <p>SNACK: CORNBREAD, MILK</p>
<p>30. BREAKFAST: WGR TOAST, PEACHES, MILK</p> <p>LUNCH: HM MACARONI & CHEESEW/ TURKEY HAM, ITALIAN BLEND (ZUCCHINI, CARROTS, CAULIFLOWER, LIMA BEANS, GREEN BEANS), ORANGES, MILK</p> <p>SNACK: WGR PITA BREAD, HM HUMMUS</p>		<p>*Whole milk is provided for all children 12-23 months and 1% or skim milk is provided for all children 24 months and older. Water is offered with all meals. All juices served are 100% fruit juice. All cheeses are low-fat. This is an equal opportunity provider. CN: CHILD NUTRITION LABEL HM: HOME MADE WGR: WHOLE GRAIN RICH</p>		