

MCAS Yuma EFMP...June 2025...Newsletter

...Exceptional News For Exceptional Families...



Springtime is quickly fading here in the Desert SW. The weather is getting warmer, the sun is out for a lot longer, so you are probably thinking is summer here already?

The Summer Solstice is the official start of summer and in Yuma falls on Friday, June 25, 2025 at 7:42 pm. This is when the planet will have reached its max tilt towards the sun. This is the longest day and shortest night of the year. Following the solstice, the days get shorter and the nights longer.



Happy Flag Day, June 14, 2025

Flag Day is a celebration of the American flag that occurs each year on the anniversary of the flag's official adoption, June 14. What we know fondly as the "Stars and Stripes" was adopted by the Continental Congress as the official American flag on **June 14, 1777**, in the midst of the Revolutionary War. Colonial troops fought under many different flags with various symbols—rattlesnakes, pine trees, and eagles—and slogans—"Don't Tread on Me," "Liberty or Death," and "Conquer or Die," to name a few.



OFFICE HOURS

Monday thru Friday
8:00 am to 4:30 pm
Building 693-Hart Street
Phone: 928.269.2949
Email: yumaefmp@usmc.mil

For the latest on our upcoming events
please like and visit our
MCCS Yuma EFMP Facebook Group Page
by scanning the QR Code.

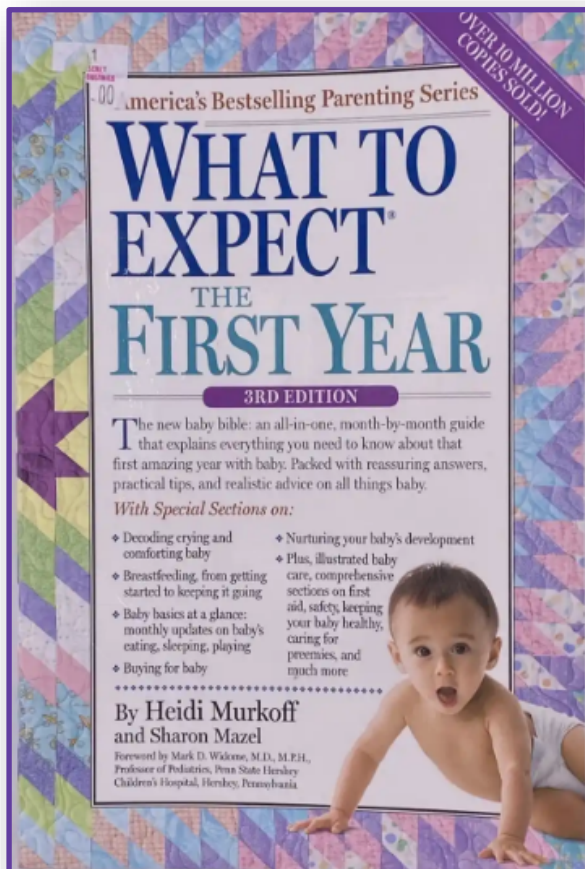


Wishing all of you
hard working parents
a fabulous day.



EFMP Exceptional Family Member Program

MCAS Yuma EFMP...Lending Library
borrow~grow~return

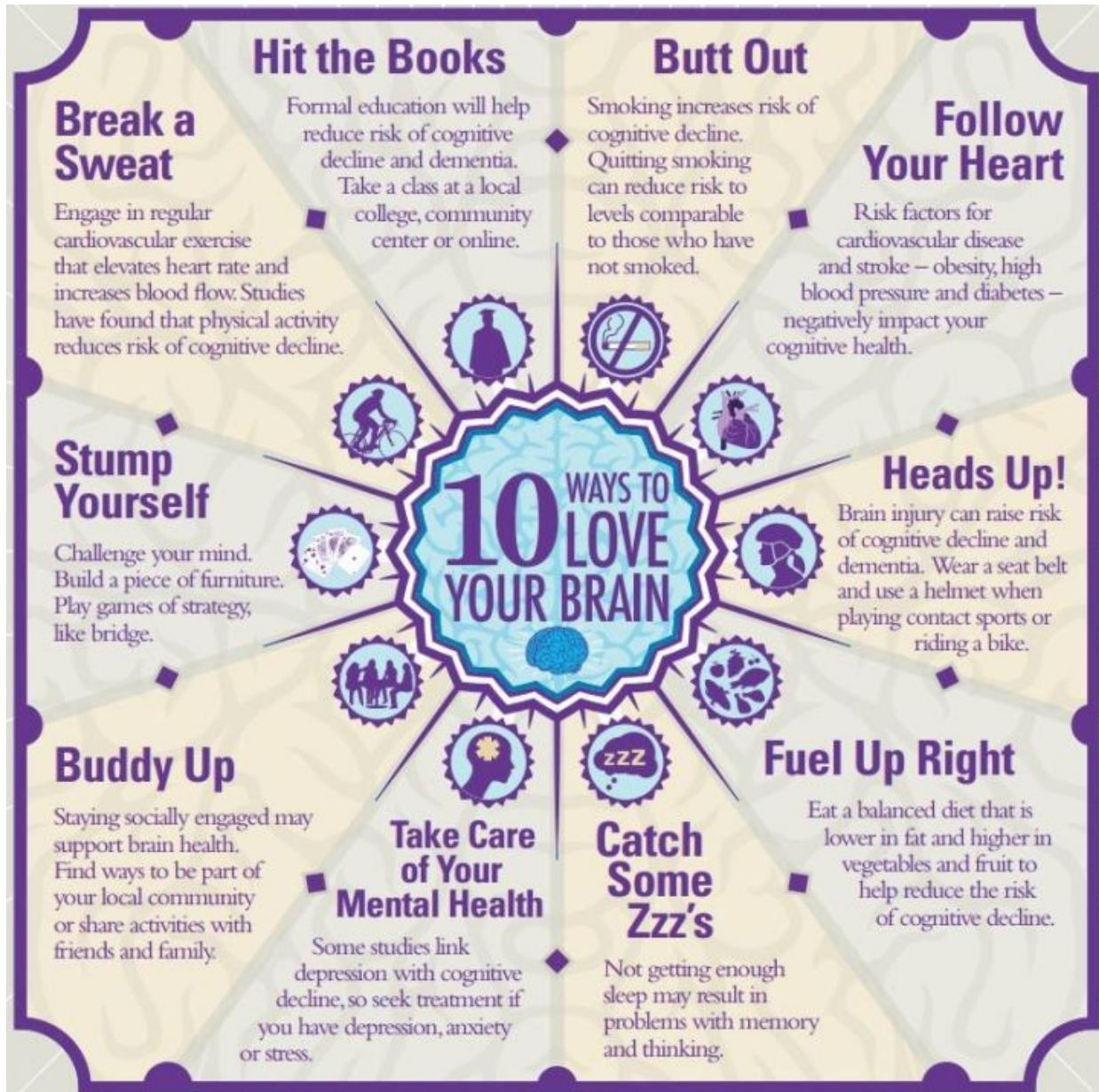


Your new baby book has an all-in-one, month-by-month guide that explains everything you need to know about that first amazing year with baby. Packed with reassuring answers, practical tips and realistic advice on all things baby.

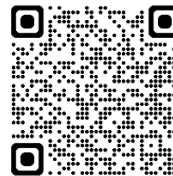
STOP by and visit our Lending Library today! We have a variety of items available for **"COMPLIMENTARY 2 week check-out"** Open to all-MCCS Patrons!



June is ALZHEIMER's & BRAIN awareness month.



[What is Alzheimer's Disease? | CDC](#)
[Brain Awareness Week | Dana Foundation](#)



EFMP Exceptional Family Member Program

June Events...



Grab your towels, sunscreen along with water and enjoy some cool fun in the sun in a safe and accepting environment.

Parent(s) must accompany children.

This is a FREE event open to all MCCS Patrons.

No registration required.

EFMP supports and facilitates inclusive recreation opportunities to ensure individuals of all abilities are able to participate in recreation opportunities.

OASIS POOL

Mon, June 2-4:00 pm to 5:30 pm

Connection Support Club-Water Safety Tips

Mon, Jun 9-4:00 pm to 5:30 pm

Mon, Jun 16-4:00 pm to 5:30 pm

Respite Care Overview

Mon, Jun 23-4:00 pm to 5:30 pm

Mon, Jun 30-7:00 pm to 9:30 pm

Summer means happy times and good sunshine. It means going to the beach, enjoying the scenery, having fun with family and friends.

~Brian Wilson~





Introduction to EFMP

Fri, Jun 6 • 6:45pm - 8pm

Unleash Your Inner

DETECTIVE

This is a FREE Event open to all MCCS Patrons.

Learn about the Exceptional Family Member Program while unleashing your inner detective

Do you hold the key to the great escape?

"Registration Required!"

Call now--spaces are limited.

928.269.2949



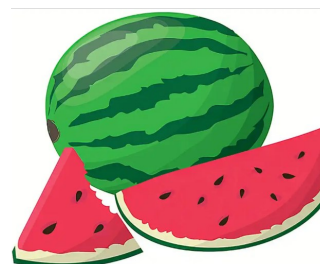
mccsYuma.com

what's cooking : Watermelon-Mint Iced Tea

<https://www.foodnetwork.com/recipes/watermelon-mint-iced-tea-greek-inspired-2138801>

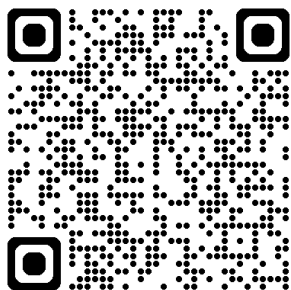
Ingredients

- 8 cups chopped seeded watermelon
- 7 black tea bags
- 2 tablespoons clover honey
- 1/2 cup fresh mint leave



Instructions

1. Puree the watermelon in batches until smooth, then strain into a pitcher. Cover and refrigerate until very cold.
2. Bring 6 cups water to a boil in a medium saucepan. Remove from the heat, add the tea bags and honey and let steep 5 minutes, Add the mint leaves and add the tea to the watermelon juice. Serve over ice in tall glasses with mint sprig, if desired.



SCAN QR Code
for recipe.

