The visitation program is an excellent way to receive individualized support and education for you and your family. These visits may take place in the office or the comfort of your own home. Topics that may be covered include, but are not limited to:

**Pregnancy & Health**
Addresses concerns you may have on the upcoming birth of your child.

**Newborn Care**
We work with you to impart the basics of newborn care, bathing, feeding, burping, diapering and more.

**Breastfeeding Support**
We offer guidance and techniques to make breastfeeding a positive and rewarding experience for you and your baby.

**Toilet Training**
We teach you the methods to successfully potty train your child.

**Sibling Relationships**
We offer help with adjusting a child to a new baby coming home or entering a blended family.

We are a professional team of social workers, counselors and registered nurses who provide education and support to parents with young children and parents-to-be. We offer information on becoming a parent and help you navigate each stage of child development from newborn through age five.

- Be prepared for parenthood
- Increase confidence in parenting
- Understand your child’s development
- Improve your relationship with your children
- Make parenting fun
- Create a positive parenting environment
- Feel more at home in the military community

928.269.2308
MCAS Yuma, AZ  Bldg. 645
www.mccsyuma.org