

RESPITE CARE OVERVIEW



MARINE & *Family* | Exceptional
Family Member
Program

MCAS YUMA 928.269.2949

LEARNING OBJECTIVES

- ▶ **Understand respite care background**
- ▶ **Review respite care eligibility**
- ▶ **Recognize Level of Need (LoN) determination**
- ▶ **Identify appropriate providers**
- ▶ **Categorize intended use**
- ▶ **Know requirements for reimbursement**
- ▶ **Learn rates of care**
- ▶ **Review reimbursement log and other forms**



RESPITE CARE BACKGROUND

- ▶ **The Exceptional Family Member Program (EFMP) initiated the Respite Care Reimbursement Program in 2008 to support the impact of a high operational tempo and the particular impact to families who support a family member with exceptional needs.**
- ▶ **The respite care reimbursement program is intended to reduce stress on sponsor families by providing temporary rest periods for family members who care for those with special needs.**



ELIGIBILITY

EFMP respite care reimbursement is available for EFMs identified as Level of Need 3 or 4.

Level **three** includes EFMP families with children 18 years old or younger, with severe special needs that require trained support from qualified providers to maintain the health and safety of the EFM.

Level **four** includes EFMP family members of all ages (including adults), with profound special needs who require skilled care services as documented by qualified providers, to maintain the health and safety of the EFM.

Families are eligible for up to 20 hours of respite care, per month, per family



LEVEL OF NEED (LON) DETERMINATION

- ▶ **Respite Care Reimbursement is based upon the Exceptional Family Member's Level of Need (LoN).**
- ▶ **LoN is determined by HQMC EFMP Medical Screeners during the enrollment or update eligibility review.**
- ▶ **Using an evidence-based determination process, Medical Screeners review submitted documents to determine the LoN.**
- ▶ **As EFM requirements change, the LoN may also change to reflect the current functioning and status**



RESPITE CARE – SELECTING APPROPRIATE PROVIDERS

- ▶ **EFMP enrolled families select a provider for local respite**
- ▶ **Sponsor must provide appropriate documentation of respite care provider skill for Level 3 and 4 EFMs.**
- ▶ **Level of need 3 respite providers will have valid certification through a state or national agency. Appropriate certified provider will vary depending upon the needs of the EFM. (Examples include: CNA, mental health technician, BCBA)**
- ▶ **Level of Need 4 respite provider will hold a valid professional license. The appropriate licensed provider will vary depending upon the needs of the EFM. (Examples include: RN, LCSW, BCBA, LMFT, special education teacher)**



RESPITE CARE – INTENDED USE

- ▶ Respite care is intended to be used as a short break or rest period for the primary care provider.

Date
Night

Lunch
with a
Friend

Hair
Cut

Take a
Nap

Go to
the
Gym

Respite Care **MAY NOT** be used to:

- ❖ Supplement day care or babysitting to allow sponsor or spouse to work or attend school
- ❖ Pay for pre-school
- ❖ Pay for therapy sessions or therapeutic recreation for the Exceptional Family Member (EFM)



REQUIREMENTS FOR REIMBURSEMENT

- ▶ **The EFM must legally reside full time with sponsor**
- ▶ **All EFM updates must be current.**
- ▶ **Sponsor must provide appropriate documentation of respite care provider skill for Level 3 and 4 EFMs.**
- ▶ **Sponsor must sign all reimbursement logs verifying the accuracy of the information. A POA is authorized only when meeting the exception criteria above**
- ▶ **Any funds expended by the family while ineligible, will not be reimbursed.**
- ▶ **Sponsors are responsible to ensure that their reimbursement logs are completed, signed and received by the installation EFMP office by the specific due date**

Exceptions include:
TAD, Official schools, Deployment, Approved Continuation on Location (CoL) or OCONUS tour where dependent travel has been declined by HQMC EFMP or Overseas Screening, due to a lack of care for the EFM.

REIMBURSEMENT RATE OF CARE

Reimbursement Rate of Care		
	1 EFMP	2 or more EFMs
Level 3 EFM	Not to exceed hourly base CDC rate x 3	Not to exceed hourly base CDC rate x 5
Level 4 EFM	Under no circumstances will care exceed \$45 per hour	Under no circumstances will care exceed \$60 per hour



REIMBURSEMENT LOG

Respite care reimbursement will be requested using NAVMC 1750/3 (6-21) (EF)

**complete one log per care provider per month
and submit the log(s) for reimbursement after
care is provided**

Complete the entire Reimbursement Log

- Record the date, hours of care (in military time), who the service was provided to, and include the provider's signature and contact information

The sponsor must sign the reimbursement log

- A power of attorney may be used to sign the form when the service member is deployed, TAD, attending an official school, or approved Continuation on Location (CoL), or serving an unaccompanied overseas tour where HQMC EFMP, or the overseas screening process, determines services are not available.

[illegible]

REIMBURSEMENT LOG

[illegible]

The ACH/direct deposit form, Statement of Understanding and Respite Care Reimbursement Log are all available online

[illegible]

Resources

Respite Care program is intended to reduce stress on sponsor families by providing temporary rest periods for family members who care for those who have special needs. The maximum number of respite hours per month to be reimbursed at authorized rate (\$5 per hour) is 20 hours. Please note that any amount exceeding maximum amount for EFMP Respite Care, is the responsibility of the EFM family. **Families must meet respite care criteria. For more information, please call us at 928.269.2949.**

MCCS Yuma/Child Youth Program (CYP) - Child Development Center (CDC) – 928.269.2350
Drop-in child care, full/part-time, Friday Night Care-1st Friday of every month “Please note that drop-in child care and Friday Night Care are not currently being offered.

TRICARE - <https://tricare.mil/respite>

TRICARE - The Extended Care Health Option (ECHO) - <https://tricare.mil/Plans/SpecialPrograms/ECHO>
Provides financial assistance to beneficiaries with special needs for an integrated set of services and supplies. To use ECHO, qualified beneficiaries must:
Be enrolled in the [Exceptional Family Member Program \(EFMP\)](#) through the sponsor's branch of service. Sometimes, enrollment in the EFMP may be waived, for example when the sponsor's branch of service doesn't provide the EFMP, or when the beneficiary resides with the custodial parent who isn't the active duty sponsor. Contact your regional contractor for more information.
Register for ECHO with case managers in each TRICARE region

Resources

MCAS Yuma EFMP office is providing the following information on Non-DoD agencies as a courtesy to the EFM family. The appearance of these agencies, products, services does not constitute endorsement by the DoD, MCAS Yuma and MCAS Yuma EFMP.

Drop-In basis only Child Care

(Child may not be enrolled full-time in Child Care and must not exceed 6 hours of Drop-in care per day)

The Treehouse Kids Club (ages 2-12) – 928.726.2285

Bright Beginnings (infant-school age) – 928.341.1230

Happy Trail Foothills Day Care East (4 weeks-10 years of age) – 928.345.9199 no drop in

Busy Bee'z (infant-12 years of age) – 928.783.4677

Resources

Arizona Department of Economic Security – 602.542.0419 or toll free at 866.229-5553
<https://des.az.gov/>

Elite Community Services (all ages) – 928.783.4069
<https://ecsaz.org/>

Maxim Healthcare Services – 520.790.8200 maximhealthcare.com

Nursing Solutions Home Health Agency (Respite Care/Skilled Nursing) – 602.331.1100

Prileo Home Care (all ages) – 928.317.9220

RISE (all ages) – 928.783.8771

Saguaro Foundation (all ages) – 928.783.6069

United Cerebral Palsy (UCP) of Southern Arizona (all ages) – 928.317.8800
<http://ucpsa.org/>

Operation We Are Here - <http://www.operationwearehere.com/Childcare.html>

Questions?

MCAS YUMA

Building 1085-Martini Avenue

928.269.2949

<http://Yuma.usmc-mccs.org/marine-family-support/military-family-life/exceptional-family-member-program>

MCCS Yuma EFMP Facebook Group @ <https://www.facebook.com/groups/efmpyuma>



EFMP Exceptional
Family Member
Program