

WHERE SHOULD I GO FOR HELP?

A QUICK-ACCESS GUIDE FOR HELPFUL RESOURCES
AVAILABLE ABOARD **MCRD PARRIS ISLAND**



BUSINESS HOURS SUPPORT						(843) 228- 3514	(843) 228- 7279	(843) 228- 3367	CONTACT YOUR UNIT	(843) 228- 6126	(843) 228- 6463	(843) 929- 9497	(843) 228- 2371	(843) 228- 6096	(843) 228- 6096	(843) 466- 0082	(843) 228- 2218	(843) 228- 1620	(843) 228- 3599	(843) 228- 6128
24/7 RESOURCES	(800) 799- 7233	(877) 995- 5247	988	(703) 228- 5600	(800) 342- 9647															
PRIMARY CONCERN	DOMESTIC ABUSE HOTLINE	MILITARY ONE- SOURCE	NAVY MEDICAL	SEXUAL ASSAULT HOTLINE	SUICIDE & CRISIS LIFELINE	CDC	CYP	EFMP	DRC/URC	FAP	FMEAP	FOCUS	IR&R	MCFTB	MFLC	NPSP	PFMP	SAP	SARC	SL
ABUSE/NEGLECT	X		X		X				X	X			X		X					
SUBSTANCE ABUSE				X	X				X				X		X			X		
ANGER ISSUES	X			X	X				X	X			X		X					
ANXIETY/PANIC	X		X		X				X	X			X		X					
DEPLOYMENT/ RELOCATION					X				X				X	X						
DISASTER RECOVERY					X				X				X		X					
FINANCES					X				X				X				X			
GRIEF/DEATH					X				X				X		X					
MARRIAGE/FAMILY	X				X				X	X		X	X		X					
NUTRITION/ FITNESS				X	X				X				X							
PARENTING					X				X	X			X		X	X				
RELATIONSHIPS	X				X				X	X			X	X	X					
SADNESS/ DEPRESSION				X	X				X	X			X		X					
SEXUAL ASSAULT		X		X	X				X				X						X	
SEXUAL HARASSMENT					X				X				X						X	
SPECIAL NEEDS					X			X	X				X							
SUICIDAL/ HOMICIDAL			X	X	X				X				X		X					
WORK/SCHOOL					X	X	X		X		X		X		X					X

- PROGRAM ABBREVIATION KEY -

CDC - CHILD DEVELOPMENT CENTER

CYP - CHILD & YOUTH PROGRAMS

DRC/URC - DEPLOYMENT / UNIFORMED READINESS COORDINATOR

EFMP - EXCEPTIONAL FAMILY MEMBER PROGRAM

FAP - FAMILY ADVOCACY PROGRAM

FMEAP - FAMILY MEMBER EMPLOYMENT ASSISTANCE PROGRAM

FOCUS - FAMILIES OVERCOMING STRESS

IR&R - INFORMATION, REFERRAL, & RELOCATION

MCFTB - MARINE CORPS FAMILY TEAM BUILDING

MFLC - MILITARY FAMILY LIFE COUNSELOR

NPSP - NEW PARENT SUPPORT PROGRAM

PFMP - PERSONAL FINANCIAL MANAGEMENT PROGRAM

SAP - SUBSTANCE ABUSE PROGRAM

SARC - SEXUAL ASSAULT COORDINATOR

SL - SCHOOL LIAISON