EFMP Exceptional Family Member Program



The EFMP Connection

RESOURCE GUIDE

This guide contains information about resources for families with diagnosed medical and educational needs.

The guide is limited. It does not contain all family programs and services available in the Yuma area, neither does it include all programs in the community designed to assist families with special needs.

The goal is to assemble as many programs and resources into one guide for convenience.

The information contained in this guide will be updated often to keep up with on-going changes with programs, thereby assuring accurate information.

EFMP supports and facilitates inclusive recreation opportunities to ensure individuals of all abilities are able to participate in recreation opportunities for MCCS patrons.

Exceptional Family Member Program
MCCS Headquarters-Building 693
P.O. Box 99119
Yuma, AZ 85369-9119
Phone: (928) 269-2949
Email: yumaefmp@usmc.mil

DISCLAIMER: The content of this Resource Guide is for informational purposes only. Inclusion of agencies, groups, or organizations therein does not constitute or imply endorsement by the Exceptional Family Member Program (MCCS Yuma).

Table of Contents

ABA Providers

Positive Behavior Supports 06
Roman Empire Services
Strong Beginnings, LLC

Alzheimer's/Dementia

Alzheimer's Association

Behavioral Health/Developmental Autism & Special Needs

Center for Children with Special Needs & Autism 07
Hopebridge Autism Therapy Center
Melmed Center (Developmental Pediatricians) 08
Rady Children's Hospital
Roman Empire Agency 08

Behavioral Health/Developmental Psychiatrist

Community Bridges, Inc. (CBI) 09
Pathways
Sun Valley Behavioral Health

Behavioral Health/Developmental Psychologist

Dr. Ashley Hart PhD 10
Renee Roberts, EdD

Behavioral Health/Developmental
Licensed Professional Counselors

Kevin MA Benbow, LPC 11
Pathways
Community Bridges, Inc. (CBI)
Desert Counseling & Recovery Services, PLLC

Disability Rights Network

AZ Center for Disability Law 12

Independent Living Center

S.M.I.L.E. 13

Interpreting Services

Arizona Freeland Interpreting Services (**American Sign Language, Certified Deaf Interpreter, Computer Access Real Time Captioning (CART), Tactile Interpreting (Deaf Blind), and Video Remote Interpreting (VRI).** 14

In-Home Nursing Care

Maxim Healthcare Services 15

Local Government Programs

WACOG Head Start 16
WIC – Special Supplemental Nutrition Program for Women, Infants, and children 17
Yuma County Health Department – High Risk Child Program (NICP) 18
Yuma Parks and Recreation 19

Local School District

Crane ESS 20
Yuma District One ESS 21
Yuma Union High School District #70 ESS 22
Somerton School District #11/Special Services 23
Antelope Union High School District/Special Education 24
Wellton Elementary School District/Special Services 25
Gadsden Elementary School District #32 26

MCCS *Programs*

Child & Youth Programs/Child Development Center (CDC) 27
Child & Youth Programs/Youth Center (SAC) Preteen & Teen Program 28
Exceptional Family Member Program (EFMP) 29
School Liaison Program 30
Behavioral Health/Substance Abuse Counseling Center (SACC) 31

Behavioral Health/Alcohol Abuse Prevention Program 32
Behavioral Health/Family Advocacy Program (FAP) 33
Behavioral Health/Victim Advocacy Support 34
Behavioral Health/New Parent Support 35
Behavioral Health/Community Counseling Center 36
Behavioral Health/Drug Demand Reduction Program 37
Behavioral Health/Sexual Assault Prevention & Response Program (SAPR) 38
Behavioral Health/Preventions & Educations Services 39
Personal & Professional Services/Marine Corps Family Team Building (MCFTB) 40

MCAS Yuma Service

MCAS Yuma Station Chapel 41
NAVY-MARINE CORPS/RELIEF SOCIETY MCAS Yuma 42

Additional Military Resources

Military OneSource 43
PTSD: National Center for PTSD (Post-Traumatic Stress Disorder)
DESTRESS 44
Families Overcoming Under Stress (F*O*C*U*S) 45
Military & Family Life Counseling (MFLC) 46
Operation Homefront 47
Education Directory for Children with Special Needs

Non-Profit Agencies

The Yuma Regional Cancer Resource Center 48
American Red Cross 49
Easter Seals Blake Foundation/Early Education and Inclusions Plus (ECEI+) 50
Easter Seals Blake Foundation/Parents as Teachers (PAT) 51
Easter Seals Blake Foundation/Parents as Teachers – Special Needs 52
Easter Seals Blake Foundation/Incredible Years – Dinosaur School 53
Easter Seals Blake Foundation/Incredible Years Parent Education 54
Easter Seals Blake Foundation/New Visions for Families 55
The Fisher House – San Diego, CA 56
Saguaro Foundation 57
Special Olympics Arizona 58
United Cerebral Palsy of Southern Arizona 59
Yuma Community Food Bank 60

Occupational Therapy

Alrenwald-TheraNova, LLC 61

Parent Training and Information Centers

Raising Special Kids 62

Prosthetics & Orthotics

Hanger Clinic 63

Speech Therapy

Saguaro Therapy 64

Social Security Administration

Supplemental Security Income (SSI) & Social Security Disability Income (SSDI) 65

State Programs

State Medicaid Agency/Arizona Health Care Cost Containment System (AHCCS) 66
Arizona Rehabilitation Services 67
AzEIP/Arizona Early Intervention Program for Infants and Toddlers 68
State Mental Health System-Cenpatico Integrated Care 69
Division of Developmental Disabilities (DDD) 70

TRICARE

TRICARE/ Extended Choice Health Options (ECHO) 71
TRICARE/Health Net Federal Services 72

Other Resources

Arizona Western College (AWC) Services for Students with Disabilities
AccessABILITY Resource Services (ARS) 73
Children's Rehabilitative Services (CRS) Yuma Regional Medical Center (YRMC) 74
Horizon Health & Wellness 75
Rady Children's Hospital – San Diego 76

Support Groups **77**

Amputee Support Group 78
Alzheimer's Sup
Autism Support Group
Breast Cancer Support Croup 79
Cancer Support Group
Circle of Friends (for people with special needs)
Diabetes Support Group 80
Fibromyalgia & Chronic Pain Support Group

Loss Peepers Support Group
Lung Disease Support Group

Lupus Support Group
Empowerment for Multiple Sclerosis Support Group 81
Parkinson's Support Group

ABA Provider (Applied Behavior Analysis)
Positive Behavior Supports Corporation (PBS)

Program / Service

Description

Positive Behavior Supports Corporation embraces a specific approach to delivery of applied behavior analysis (ABA) therapy: PBS which is a research-based approach to supporting people of all ages with behavioral challenges in home, school and community settings.

Contact Information

Address:	
Phone:	1-855-832-6727
Fax:	1-772-675-9100
Website:	https:www.teampbs.com
E-mail:	

ABA Provider (Applied Behavior Analysis)
Strong Beginnings, LLC

Program / Service

Description

Strong Beginnings, LLC has been dedicated to improving the quality of life for children with Autism Spectrum Disorders (ASD) and other developmental delays through **evidence-based treatment interventions** in Yuma County since 2015 with center and home-based services.
With the use of evidence-based procedures and treatments based on principles of Applied Behavior Analysis (ABA), we provide an **effective and individualized treatment plan** to **help children acquire and retain skills essential for independence.** At Strong Beginnings we use the least intrusive interventions and strive to provide a **positive** learning environment.

Contact Information

Address:	2741 S 8TH AVE STE C YUMA AZ 85364
Phone:	(928) 782-1338
Website:	www.strongbeginnings-aba-com
Facebook:	Strong Beginnings, LLC

Alzheimer's Association

Program / Service

Description

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia by accelerating global research, driving risk reduction and early detection and maximizing quality care and support.

Contact Information

Address:	
Phone:	800.272.3900 – Call our 24/7 Helpline
Fax:	
Website:	https://www.alz.org/
Scan QR Code	

ABA Provider (Applied Behavior Analysis)
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Fax:	
Website:	https://www.alz.org/
Scan QR Code	

Behavioral Health/Developmental
Autism & Special Needs

Program / Service

Description – Center for Children Special Needs & Autism

A multidisciplinary resource center for families and their children with special needs and autism spectrum disorder.

Services:

- Parent Consultations
- Individual Psychotherapy
- Case Management
- Integrated Physical Behavior & Health Care
- Psychological Testing
- Referrals
- Clinical Dietetic Assessment
- Family Resource
- Support Groups
- Group Counseling
- Experiential Mobility Group
- Children's Social Skills Group
- Parent Training Group
- Speech Therapy
- Psychology Counseling
- Home Visits
- Transportation

Multidisciplinary Team:

- Pediatric
- Psychiatric Nurse Practitioner
- Psychology
- Social Work
- Case Management
- Counseling
- Certified Speech Pathology
- Registered Dietician
- Antibullying Intervention
- Home Visits

Contact Information

Address:	214 W MAIN ST SOMERTON AZ 85350
Phone:	(928) 627-1219

Website	http://www.centercsn-autism.org/
E-mail:	autism.info@rcfbh.org

Behavioral Health/Developmental
Autism & Special Needs

Contact Information – Melmed Center (Developmental Pediatricians)

Address:	4848 E CACTUS RD STE 940 SCOTTSDALE AZ 85254
Phone:	(480) 443-0050
Fax:	(480) 443-4018
Website	http://www.melmedcenter.com/

Contact Information – Roman Empire Agency

Address:	
Phone:	(833) 377-2570
Website	https://www.romanempireagency.com/locations/arizona/

Behavioral Health/Developmental Psychiatrist

Contact Information – Community Bridges, Inc. (CBI) – Preventive, Education & Treatment Services

Address:	3250 E 40TH ST STE B YUMA AZ 85365
Phone:	(928) 341-4220
Website	https://communitybridgesaz.org/

Contact Information – Pathways

Address:	3818 W 16TH ST YUMA AZ 85364
Phone:	(928) 317-0177
Website	https://www.pathwaysofaz.com/yuma

Contact Information – Sun Valley Behavioral Health

Address:	2417 MARSHALL AVE STE 101 IMPERIAL CA 92251
Phone:	(760) 355-0161
Website	http://www.sunvalleyb.com/

Behavioral Health/Developmental Psychologist

Contact Information – Dr. Ashley Hart, PhD (all ages)

Address:	106 E 1ST ST STE D YUMA AZ 85364
Phone:	(928) 341-1046

Contact Information – Renee Roberts, EdD (12+)

Address:	1405 W 16TH ST STE C YUMA AZ 85364
Phone:	(928) 783-4859
Website	https://www.dr-renee-roberts.com/index.html

Behavioral Health/Developmental
Licensed Professional Counselors

Contact Information – Kevin MA Benbow LPC (ages 15+)

Address:	202 S 1ST AVE YUMA AZ 85364
Phone:	(928) 329-1040

Contact Information – Pathways

Address:	3818 W 16TH ST YUMA AZ 85364
Phone:	(928) 317-0177
Website	https://www.pathwaysofaz.com/yuma

Contact Information – Community Bridges, Inc. (CBI) – Preventive, Education & Treatment Services

Address:	3250 E 40TH ST STE B YUMA AZ 85365
Phone:	(928) 341-4220
Website	https://communitybridgesaz.org/

Contact Information – Desert Counseling & Recovery Services, PLLC (ages 2+)

Address:	3970 W 24TH ST STE 206 YUMA AZ 85364
Phone:	(928) 373-8041
Website	https://mydesertcounseling.com/

Disability Rights Network
AZ Center for Disability Law (ACDL)

Program / Service

Description

Who We Are: The Arizona Center for Disability Law (ACDL) is a **not for profit public interest law firm**, dedicated to protecting the rights of individuals with physical, mental, psychiatric, sensory and cognitive disabilities.

Who We Help: We provide a variety of **legal services to people with disabilities** and/or disability-related problems. We focus primarily on those cases in which individuals have nowhere else to go for legal support.

What We Do: We provide **information, outreach** and **training** on legal rights and self-advocacy, **represent** individuals in negotiations, administrative proceedings and court, and **investigate** abuse and neglect.

Contact Information

Address:	5025 E WASHINGTON ST STE 202 PHOENIX AZ 85034
Phone 1:	(602) 274-6287 (Voice or TYY)
Phone 2:	(800) 927-2260 (toll free)
Website	https://www.azdisabilitylaw.org/
Facebook:	https://www.facebook.com/azdisabilitylaw/
E-mail:	center@azdisabilitylaw.org

Other Notes: The center also enforces the right to a free appropriate public education for children with disabilities. All referrals first processed through STAT, an in-house Short-term Assistance.

Independent Living
S.M.I.L.E - Services Maximizing Independent Living and Empowerment

Program / Service

Description

S.M.I.L.E. continually advocates for the Independent Living Philosophy, both individually and system wide. The board and staff constantly strives to improve the system by writing letters, training staff, providing services, and creating public awareness as to the services and opportunities open to people who have disabilities. Staff conducts disability awareness and education presentations and training to the community and its members. "Empowering individuals with disabilities to maximize independence."

- **Individual and Systems Advocacy**
- **Blind Services**
- **Information and Referral (R&R)**
- **Life Skills/Independent Living Skills Training**
- **Peer Counseling**
- **Lost Peepers**
- **Transition Services**

Contact Information

Address:	1929 S ARIZONA AVE STE 11 YUMA AZ 85364
Phone:	(928) 329-6681
Fax:	(928) 329-6715
Website:	http://www.smile-az.org
Facebook:	https://www.facebook.com/pages/Services-Maximizing-Independent-Living-And-Empowerment-SMILE/348764101895351
E-mail:	Info@smile-az.org

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Interpreting Services

Arizona Freeland Interpreting Services (AZFLIS)

Program / Service

Description

Arizona Freelance Interpreting Services offers professional interpreting services by nationally certified and AZ State licensed Interpreters. Interpreters are certified by Registry of Interpreters for the Deaf and/or National Association for the Deaf.

These services cover a range of interpreting settings such as Legal, Mental Health, Medical, Corporate, Post-Secondary and K – 12 educational. Interpreting services can be any of the following but not limited to: American Sign Language, Certified Deaf Interpreter, Computer Access Real Time Captioning (CART), Tactile Interpreting (Deaf Blind), and Video Remote Interpreting (VRI).

Contact Information

Address:	2226 E FRYE RD CHANDLER AZ 85225
Phone	480.595.9515
Website	https://azflis.com/services/
Facebook:	https://www.facebook.com/arizonainterpretingservices/
E-mail:	https://azflis.com/contact-us/

In-Home Nursing Care
Maxim Healthcare Services

Program / Service

Description

Maxim Healthcare provides patients the ability to maintain their independent lifestyle while remaining at home. Services provided through our home healthcare offices and coordinated through committed clinical teams may include any combination of the following services.

- Skilled medical care- including Pediatric
- Complex, extended hourly care nursing (tracheostomies & ventilators)
- Intermittent care (infusions, wound care)
- Therapy services
- Respite care
- Companion care
- Care for people with disabilities
- Personal care
- Activities of daily living (ADLs) assistance
- Behavioral services
- Other household services

Contact Information

Address:	5151 E BROADWAY BLVD STE 1100 TUCSON AZ 85711
Phone:	520-790-8200
Fax:	877-717-2779
Website:	maximhealthcare.com
Facebook:	https://www.facebook.com/maxim.tucson/
E-mail:	dacano@maxhealth.com

Other Notes: TRICARE-eligible beneficiaries may include active-duty service members (ADSMs) and their families, survivors, certain former spouses and others (traditionally through the ECHO Program).

Local Government Program
WACOG (Western Arizona Council of Governments)
Head Start Program

Program / Service

Description

Head Start is a comprehensive early childhood education program for children ages 0-5 whose families meet Head Start eligibility guidelines.

The program offers a broad range of individualized services in the areas of education and child development, special education, health services, nutrition, parent/family development.

The primary focus of WACOG Head Start is children and their families. It is the program's mission to provide the foundation for the development of self-sufficient, healthy, caring and productive children and families. It is Head Start's role to ensure the provision of opportunities of parents to become active participants in their children's growth and development. Children's "social competence" is an overall goal of the program and is defined as a child's everyday effectiveness in dealing with the responsibilities that attend both school life and home life. Social competence also takes into account a child's social, emotional, cognitive and physical development, and how these aspects are interrelated.

Contact Information

Address:	1235 S REDONDO CENTER DR YUMA AZ 85365
Phone:	(928) 782-1886
Website:	http://www.wacog.com/early_childhood.html
Facebook:	https://www.facebook.com/Western-Arizona-Council-of-Governments-465924370222737/

Local Government Program

WIC – Special Supplemental Nutrition Program for Women, Infants, and Children

Program / Service

Description

This Special Supplemental Nutrition for Women, Infants and Children, (WIC) up to 5 years of age is a short-term intervention program designed to influence lifetime nutrition and health behaviors. WIC is a helping hand, not a handout. It is healthcare, not a welfare program.

WIC is free!

- All of the nutritious foods and services come at no cost to you.

What does WIC provide?

- Nutrition education
- Breastfeeding support
- Supplemental foods
- Referrals to health care and other social services.

Who is WIC for?

- Infants
- Children up to five years of age
- Pregnant women
- Breastfeeding women, until the infant's first birthday
- Postpartum women (anyone whose pregnancy has ended) up to six months afterward

How do I quality for WIC?

- Review the eligibility requirements, locations and hours of operation for the WIC program.

Contact Information

Address:	2200 W 28th ST STE YUMA AZ 85364
Phone :	(928) 317-4500
Website:	https://www.yumacountyaz.gov/government/health-district/divisions/wic-nutrition

Other Notes: Moms, dads, aunts, uncles, and even grandparents who care for children less than five years of age can get services from WIC. Participants must:

- Live in Yuma County
- Qualify with a nutritional risk, which is determined at first visit
- Meet income qualification

Local Government Program

Yuma County Health Department – High Risk Child Program (NICP)

Program / Service

Description

Nursing: High Risk Child Program

Yuma County serves one of the largest populations of high risk children in the state. Examples of high risk children include: children born prematurely; children with birth defects; children born exposed to street drugs; children with chronic medical problems such as diabetes or cancer; children with developmental delays; children who are neglected and/or abused and those with other concerns as determined by their doctor and/or family. The earlier a high risk child is identified, the quicker needed services such as physical therapy, speech therapy, etc. can be started. This allows the child to better reach his/her maximum potential.

Who is eligible?

Any child from birth to 17 years of age who has special health problems, such as premature babies, babies with birth defects, or children with chronic medical problems or possible developmental delays.

What is provided?

Home visits by a Public Health Nurse (PHN) trained to provide infant/child health examinations. During these visits, the PHN will assess your child for health and development, offer guidance and instruction about nutrition, parenting, immunizations and specific medical treatments ordered by the doctor. The Public Health Nurse will make referrals to community agencies and resources if specific problems are identified during a home examination. This service is provided at no charge.

How do you arrange a home visit?

Referrals are taken from many sources. You may call for your own infant/child or you may request a visit for a friend or relative. The Public Health Nurse will also accept referrals from doctors, hospitals, and other agencies.

Contact Information

Address:	2200 W 28th ST YUMA AZ 85364
Phone :	(928) 317-4540
Website	https://www.yumacountyaz.gov/government/health-district/divisions/nursing/high-risk-child-program-nicp
E-mail:	(contact us via website)
Hours:	Monday thru Friday 8:00 a.m. to 5:00 p.m. (Except Legal Holidays)
Languages Offered:	English and Spanish

Local Government Program
Yuma Parks and Recreation

Program / Service

Description

Experience the fun! The Parks and Recreation Department provides opportunities for learning and life experiences that enhance the physical, social, cultural, and environmental well-being of our community. We serve a diverse cross-section of citizens and visitors through the provision of programs, services, and facilities that encourage the development of positive, lasting value systems, and self-esteem.

Adaptive Recreation offers activities intended for individuals with physical and/or intellectual disabilities and their accompanying family or friends.

Yuma Parks and Recreation has partnered with Circle of Friends a group of volunteer individuals that help promote activities, sports and lasting friendships for people of all ages (mainly High School & above) with disabilities. Circle of Friends meets every Wednesday from 4:00 pm – 5:00 pm. If you would like to get involved or would like more information, please contact Deana Flermoen at 928.580.1368 or Marilyn Lammel at 928.373.5000 ext. 5294. Jr. Circle of friends is primarily for ages 5-15 years old, contact Juliene Range at 928.503.3455 for more information.

Contact Information

Address:	ONE CITY PLAZA YUMA AZ 85366
Phone 1:	(928) 373-5200
Website:	http://www.yumaaz.gov/parks-and-recreation/index.html
Facebook:	https://www.facebook.com/pages/City-of-Yuma-Parks-and-Recreation/334441576588433?fref=ts
Fax:	(928) 373-5244
Hours:	7:00 am - 6:00 pm (M – Th) 7:00 am – 5:00 pm (Every other Friday)
Languages Offered:	English and Spanish
Cost:	Some programs have fees. Please contact Parks and Recreation for program costs.

Local School District
Crane's Exceptional Student Services

Program / Service

Description

Overview:
The Crane Exceptional Student Services department is designed to promote the interaction and cooperation of special education and regular education. Although committed to Child Find, the district strives to minimize labeling and continually address the concept of the least restrictive environment.

School-Wide Teacher Assistance Teams:
Through the use of School-Wide Teacher Assistance Teams (STAT), collaboration/consultation and/or child study teams (CST), the District adheres to the standard of developing interventions in regular education before referring the student for special education consideration.

IEP Review:
Each year, the process of writing and reviewing the Individualized Education Program (IEP) is repeated. Progress made on the last IEP will be reviewed, and new goals and objectives will be set for the coming year.

Parents receive meeting notices before and IEP is going to take place and a prior written notice after the meeting to record any new changes that the IEP team has suggested. Parental input is always welcome and encouraged in implementing a child's IEP.

Contact Information

Address:	4250 W 16th ST YUMA AZ 85364
Phone:	(928) 373-3451
Fax:	(928) 373-3498
Website:	http://www.craneschools.org/ExceptionalStudentServices.aspx
Facebook:	https://www.facebook.com/craneschools/
Hours:	8:00 am - 4:00 pm (M – F)
Languages Offered:	English and Spanish
Cost:	Free

Other Notes: For *Exceptional Students Preschool, ages 2 year 9months - 5 years old (depending on birth date), contact* (928) 373-3453.

Local School District
Yuma School District One, Exceptional Student Services

Program / Service

Description

Yuma School District One Exceptional Student Services provides services for students between the ages of 3 and 14 with special needs. All students with disabilities categorically eligible under the Individuals with Disabilities Education Act (IDEA), regardless of severity, may receive services. These include students with impairments in speech and language, hearing, health, and vision; developmental delays; emotional and learning disabilities; intellectual disabilities; autism; traumatic brain injury; multiple disabilities; and other health impairments.

We offer services across the continuum from full inclusion in the general education classroom, to off-campus alternative setting, to homebound services. A team of individuals familiar with the student's needs determines the least restrictive environment (LRE) for eligible students. Recognizing the goal to provide an integrated, inclusive learning community, we make best efforts to place students in their home school. If placement in the home school does not meet the needs of the student, we will provide transportation to the service school. Technology is important for students with special needs. We utilize iPads and computers to help students develop skills and to access our district's digital content. Additionally, some students utilize highly specialized equipment for communication and literacy acquisition.

We offer preschool classes for eligible students from their third birthday to age five (prior to kindergarten). We determine eligibility based on a child's developmental level by measuring for significant speech or language delays, moderate developmental delays, or severe developmental delays. Learn more on our Preschool page at https://www.yuma.org/Preschool

Contact Information

Address:	400 W 5th ST YUMA AZ 85364
Phone:	(928) 502-7800
Fax:	(928) 502-7818
Website:	http://www.yuma.org/Exceptional_Student_Services
Facebook:	https://www.facebook.com/YumaDistrict1/
Hours:	8:00- 4:30 pm (M - F)
Languages Offered:	English and Spanish
Cost:	Free

Local School District
Yuma Union High School District #70
Exceptional Student Services

Program / Service

Description

YUHSD is dedicated to identifying all students who need special education services who live within the district's boundaries. Once a student is identified, the student's special education team works together to ensure the student receives the necessary special education services. If parents or community members have a concern about the academic or developmental progress of a student, they can review this site to determine whether they should inquire about special education services at their child's school. Parents or community member who seek additional information about special education services are urged to contact their child's school or the Special Education Office.

YUHSD offers screening to locate, identify, and evaluate all children who may have

Contact Information

Address:	221 E 26th Pl YUMA AZ 85364
Phone 1:	(928) 502-6752
Fax:	(928) 502-6795
Website:	http://www.yumaunion.org/pages/Yuma_Union_HighSchool_Dist/District/Special_Education
Hours:	7:00 am - 3:30 pm (M - F)
Languages Offered:	English and Spanish
Cost:	Free

Local School District
Somerton School District #11
Special Services

Program / Service

Description

Somerton School District's Special Services Department oversees all aspects of the special education process for children Pre-K through 8th grade.

Compliance of federal and state mandates is a primary responsibility of the Department. The Special Education staff and related service personnel work collaboratively with District personnel and parents to provide a free and appropriate public education for students with disabilities. These mandates are supported through parent support services, instructional support, and related services including Psych-educational services. Staffs are trained continuously and receive on-going program development to maintain an appropriate level of support to students with disabilities.
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Contact Information

Address:	215 N CARLISLE AVE SOMERTON AZ 85350-3200
Phone :	(928) 341-6000
Fax:	Fax: (928)341-6090
Website:	http://www.ssd11.org/index.php/special-services/
Facebook:	https://www.facebook.com/somertonschooldistrict
Hours:	8:00 am – 4:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	Free

Local School District
Antelope Union High School District
Special Education

Program / Service

Description

Please contact the Special Education Director for Special Education Services that are provided.

Contact Information

Address:	9168 S AVE 36E WELLTON AZ 85356
Phone :	(928) 785-3344
Fax:	Fax: (928) 785-9566
Website:	http://welltonelementary.org/maincalendar.html
Hours:	8:00 am – 4:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	Free

Local School District
Wellton Elementary School/Special Services

Program / Service

Description

Wellton Elementary Exceptional Student Services Department provides services for students between the ages of three and 14 with special needs. All students with disabilities categorically eligible under the Individuals with Disabilities Education Act (IDEA), regardless of severity, may receive services. These include students with impairments in speech and language, hearing, health, and vision; developmental delays; emotional and learning disabilities; intellectual disabilities; autism; traumatic brain injury; multiple disabilities; and other health impairments. For more information, please contact our special education director.

Contact Information

Address:	PO BOX 517 WELLTON AZ 85356
Phone :	928-785-3311 Ext. 346
Fax:	928-785-4323
Website:	http://welltonelementary.org/about.html
Facebook:	
Hours:	7:15 am – 4:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	Free

Local School District
Gadsden Elementary/Special Education Services

Program / Service

Description

Special Education Staff Roles:
Resource Teachers/LD Teachers: Work with students in Resource Room in small groups or one-on-one to assist in the area of academics, as well as social/emotional, behavioral and various other student needs in or out of the mainstream classroom.

Behavior Specialist: Leads and supports the members of the school staff in various aspects of assuring that effective and efficient behavioral intervention and support systems are in place to support continuous academic progress of students.

Speech-Language Pathologist: Involved in the assessment of students who demonstrate speech (articulation, fluency, voice) problems and/or language (expressive and receptive) difficulties. Works with students who have been diagnosed with speech and/or language difficulties.

OT (Occupational Therapist): Works with students on fine motor skills and strategies in their writing and strengthening. Also consults in a variety of ways for students.

Contact Information

Address:	1453 N MAIN STREET SAN LUIS AZ 85349
Phone :	(928) 627-6540
Fax:	(928) 627-3635
Website:	http://www.gesd32.org/
Facebook:	https://www.facebook.com/gesd32/?fref=ts
Hours:	7:30 am – 4:30 pm (M - F)
Cost:	Free

Marine & Family Programs/Family Care Branch

Child & Youth Programs
Child Development Center (CDC)
Building 1085, Annex Building 1071

Program / Service

Description

The CDC provides full day care for children ages six weeks to five years old, not eligible for kindergarten. In addition to a high quality program, children are served breakfast, lunch and an afternoon snack. Extended care is available by reservation only, for active duty families from 0500-0600 and 1800-1900. Eligible families requesting a care must do so through www.militarychildcare.com.

The CDC is accredited through the National Association for the Education of Young Children (NAEYC). This accreditation is only given to programs than can demonstrate standards of excellence for quality, developmentally appropriate early childhood programs. Creative Curriculum is followed which focuses on developing cognitive, social, emotional, physical, and language skills in a positive environment through play. Weekly lesson plans are created to focus on the individual strengths, needs, and interests of each child. Parents are encouraged to visit and share experiences with their child throughout the day.

Contact Information

Address:	MCAS YUMA ANNEX BUILDING1071
Phone:	(928) 269-3251/3234
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/child-youth-teen-programs/
Facebook	https://www.facebook.com/groups/familycareprograms
Hours:	0600-1800 (M-F) (Except Federal Holidays)
Cost:	Fees are based on total family income and determined on a sliding fee scale. A discount is offered for siblings enrolled in full day programs.

Other Notes: Parents must have a current drop-in packet with updated immunization record to include flu shot for children 6 months and up and a health assessment. Packets are available at all buildings and online.

Marine & Family Programs/ Family Care Branch
Child & Youth Programs/Youth Center-School Age Care (SAC)

Program / Service

Description

The SAC program is accredited through the Council on Accreditation (COA). Services are available for before school 0600-0800 and after school 1600-1800. The school calendar for Yuma School District #1 is followed. The curriculum is developed around the Boys and Girls Clubs of America (BGCA) clubs and interest of youth. Youth are served breakfast and an afternoon snack. Camp is also offered during all school breaks with optional hour and week selection. Drop-in care is also available. Eligible families requesting SAC must be made through www.militarychildcare.com.

Contact Information

Address:	MCAS YUMA BUILDING 1050
Phone:	(928) 269-5390
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/child-youth-teen-programs/
Facebook:	https://www.facebook.com/McasYumaYouthCenter/?fref=ts
Hours:	0600-1730 (M-F) (Except Federal Holidays)
Cost:	Fees are based on total family income and determined on a sliding fee scale. A discount is offered for siblings enrolled in full day programs.

Other Notes: Parents must have a current drop-in packet with proof of current flu shot and a health assessment. Hourly care is on a first come first serve basis and is $5.00/hr. per child. Packets are available at all buildings and online.

Marine & Family Programs/Family Care Branch

Exceptional Family Member Program (EFMP)

Program / Service

Description

The Exceptional Family Member Program (EFMP) is for all Active Duty personnel with a family member residing with them that require special care based on a diagnosed medical or educational need. Needs may range from mild to severe. EFMP helps families be their best advocate in supporting their exceptional family member while at MCAS Yuma and during reassignment. The program provides the following: one-on-one non-clinical case management, workshops & trainings, resources both on and off the air station, along with fun family friendly events. We have a great lending library with a wide variety of items available for checkout ranging from books, DVD's to sensory friendly items. We can also help assist with IEP's and 504's for any members with school aged children. Enrollment in EFMP is mandatory as per MCO 1754.4C and is 100% confidential. Enrollment in the program will not hinder advancement in the Marine Corps. The Lending Library along with all events are open to all MCCS Patrons. EFMP supports and facilitates inclusive recreation opportunities to ensure individuals of all abilities have the opportunity to participate in recreation opportunities.

Contact Information

Address:	MCAS YUMA BUILDING 693
Phone 1:	(928) 269-2949
Website:	https://yuma.usmc-mccs.org/marine-family-support/military-family-life/exceptional-family-member-program
Facebook:	
E-mail:	yumaefmp@usmc.mil
Hours:	8:00 am - 4:30 pm (M-F)
Languages Offered:	English
Cost:	Free

Other Notes: Every family enrolled in Exceptional Family Member Program is encouraged to have a *Family Care Plan.* The plan covers various aspects of family life, including financial matters.

Marine & Family Programs/Family Care Branch

School Liaison Program

Program / Service

Description

The School Liaison Program supports transitioning military families in obtaining educational information and assistance from local school districts as well as identifying and coordinating community resources to reduce the impact of the mobile military lifestyle on school-aged children. The School Liaison Officer acts as a resource and support system for military parents in regards to any K-12 educational need or concern.

Contact Information

Address:	MCAS YUMA BUILDING 693
Phone 1:	(928) 269-5373
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/school-liaison/
E-mail:	yumaschoolliaison@usmc-mccs.org
Facebook:	https://www.facebook.com/MCCS-Yuma-School-Liaison-Program-1655031571431918/
Hours:	8:00 am - 4:30 pm (M-F)
Languages Offered:	English
Cost:	Free

Other Notes: Please call for an appointment.

MCCS Program
Behavioral Health Branch

Program / Service

Description

The Behavioral Health Branch is a division of Marine Corps Community Services. Licensed clinicians and certified advocates who have passed credentialing requirements team up with professional prevention specialists to provide multiple educational and treatment options. Our goals are to provide education, support, guidance, treatment and intervention to individuals, couples, and families in need of assistance or who have been mandated for intervention services. Training and support are available on a unit level for each program. The programs include the following:

Substance Abuse Counseling Center (SACC)

The Substance Abuse Counseling Center (SACC) is dedicated to offering education and intervention assistance for individuals of the military community who are experiencing substance abuse problems or have questions about drug use and their effects.

Participants completing any of these services are offered a continuum of care to assist in the transition of new lifestyle skills and behavior management. Assistance is always offered on a voluntary basis, but can be Command and/or court-ordered after an incident.

Educational services are available from individual to full Command level, upon request.

Contact Information

Address:	MCAS YUMA BUILDING 598
Phone:	(928) 269-5634
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/counseling-services/
Hours:	7:00 am – 4:30 pm (M - F)
Languages Offered:	English & Spanish
Cost:	Free

MCCS Program
Behavioral Health Branch

Program / Service

Description

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The Alcohol Abuse Prevention Program

The Alcohol Abuse Prevention Specialist's primary responsibility is to support Marine Alcohol Abuse Prevention Activities, and review surrounding community reports detailing the current alcohol situation or other reports as appropriate is important. The AAPP's goal is to help identify risk factors in the base community that relate to alcohol incidents. The primary goals are (1) to reduce alcohol related incidents, (2) eliminate/reduce under-age drinking, and (3) reduce alcohol related problems due to driving under the influence. Trainings and educational classes are offered at least once a month for the Marines/Sailors and their dependents at the Substance Abuse Program Center. Activities and events are also coordinated through the Alcohol Abuse Prevention Program to reach MCAS staff, leaders, youth, and other community stakeholders.

Contact Information

Address:	MCAS YUMA BUILDING 598
Phone:	(928) 269-3079
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/counseling-services/
Hours:	7:00 am – 4:30 pm (M - F)
Languages Offered:	English & Spanish
Cost:	Free

MCCS Program
Behavioral Health Branch

Program / Service

Description

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Family Advocacy Program

Family Advocacy services are available when an act of abuse or neglect has been alleged and for individuals who are at risk for abuse and neglect. These cases are more serious in nature and indicate a definable threat to the victim's safety. These cases are monitored very closely and include intensive rehabilitation services for both the victim and the offender.

Contact Information

Address:	MCAS YUMA BUILDING 598
Phone:	(928) 269-2561
24 hour Helpline:	**(928) 941-3650**
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/counseling-services/
Hours:	7:00 am – 4:30 pm (M - F)
Languages Offered:	English & Spanish
Cost:	Free

MCCS Program
Behavioral Health Branch

Program / Service

Description

The Behavioral Health Branch is a division of Marine Corps Community Services. Licensed clinicians and certified advocates who have passed credentialing requirements team up with professional prevention specialists to provide multiple educational and treatment options. Our goals are to provide education, support, guidance, treatment and intervention to individuals, couples, and families in need of assistance or who have been mandated for intervention services. Training and support are available on a unit level for each program. The programs include the following:

Victim Advocacy Support Program

The Victim Advocacy Program provides services and support to identified victims of spouse/intimate partner abuse and non-offending parents of victims of child abuse/neglect. The Victim Advocate is on call 24 hours per day and may be reached on the Victim Advocate hotline after office hours.

Services provided by the Victim Advocate include emotional support, assistance with court services, safety planning, referral to additional resources, and accompaniment to and from necessary appointments and court appearances. Additionally, immediate intervention is available, if requested by the victim at the time of the incident.

Victim Advocates will cover two reporting options: restricted and unrestricted. Restricted reports include access to Victim Advocate services, medical care, and counseling without command or law enforcement involvement. Unrestricted reports include the same services as restricted reports but also involve command and law enforcement (as appropriate) to open an investigation and address safety needs.

Contact Information

Address:	MCAS YUMA BUILDING 598
Phone:	(928) 269-2561
24/7 Hotline:	**(928) 941-3650**
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/counseling-services/
Hours:	7:00 am – 4:30 pm (M - F)
Languages Offered:	English & Spanish
Cost:	Free

MCCS Program
Behavioral Health Branch

Program / Service

Description

The Behavioral Health Branch is a division of Marine Corps Community Services. Licensed clinicians and certified advocates who have passed credentialing requirements team up with professional prevention specialists to provide multiple educational and treatment options. Our goals are to provide education, support, guidance, treatment and intervention to individuals, couples, and families in need of assistance or who have been mandated for intervention services. Training and support are available on a unit level for each program. The programs include the following:

New Parent Support Program

The New parent Support Program is designed to assist new parents with parenthood preparation, guidance, support, etc. Children must be 5 years old or younger. The organization provides assistance and education in the following areas: Parenting confidence, Child's growth and development stages and family support.
Class topics are shown below:

- Dad's Baby Boot Camp Class
- Mom's Basic Training Class
- Breastfeeding Class
- Tours of Labor and Deliver at YRMC
- Play Mornings
- Stork Club

Contact Information

Address:	MCAS YUMA BUILDING 598
Phone:	(928) 269-2308
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/counseling-services/new-parent-support/
Hours:	7:30 am - 4:00 pm (M - F)
Facebook:	https://www.facebook.com/mccsyumanps/
Languages Offered:	English
Cost:	Free

Other Notes: The New Parent Support Program is a professional team of nurses who provide supportive and caring services. Most services include home visits.

MCCS Program
Behavioral Health Branch

Program / Service

Description

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The Community Counseling Center

The Community Counseling Center offers individual, couple, and family counseling services covering a range of challenging issues to include grief/loss, adjustments re: deployment, reintegration, moving, employment, communication issues, and dealing with anger or stress. A variety of Psycho-educational classes, groups, and workshops are offered.

Contact Information

Address:	MCAS YUMA BUILDING 598
Phone 1:	(928) 269-2561
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/counseling-services/
Hours:	7:30 am - 4:30 pm (M - F)
Languages Offered:	English & Spanish
Cost:	Free

MCCS Program
Behavioral Health Branch

Program / Service

Description

The Behavioral Health Branch is a division of Marine Corps Community Services. Licensed clinicians and certified advocates who have passed credentialing requirements team up with professional prevention specialists to provide multiple educational and treatment options. Our goals are to provide education, support, guidance, treatment and intervention to individuals, couples, and families in need of assistance or who have been mandated for intervention services. Training and support are available on a unit level for each program. The programs include the following:

Drug Demand Reduction Program

Our Drug Demand Reduction Program (DDRP) has been the recipient of the Secretary of Defense Community Drug Awareness Award for 2011, 2012, 2013, and 2014. The DDRP is designed to educate Marines about the dangers and consequences of illegal drug use, including abuse and misuse of prescription medication. To accomplish this mission, different elements are utilized such as: urinalysis testing program, special training for Unit Substance Abuse Control Officers (SACOs), educational briefings to Commands, and special promotions/activities in conjunction with other MCCS resources.

Contact Information

Address:	MCAS YUMA BUILDING 598
Phone:	(928) 269-2791
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/counseling-services/ddrp/
Hours:	7:00 am – 4:30 pm (M - F)
Languages Offered:	English
Cost:	Free

MCCS Program
Behavioral Health Branch

Program / Service

Description

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Sexual Assault Prevention & Response Program

The Sexual Assault Prevention and Response Program (SAPR) serves as a focal point for coordinating all sexual assault prevention and response actions. The SAPR's mission is two-fold: to address the needs of military members and dependents who have been victims of sexual assault and to proactively provide relevant interactive training on a regular, continuous basis to all Marines, Sailors, and civilians aboard MCAS Yuma in an effort to eliminate sexual assault from within our ranks. There are civilian Victim Advocates and Uniformed Victim Advocates available to help decrease the stress related to a sexual assault. The Victim Advocates have undergone intensive training and are able to offer victim assistance in three main areas: support, providing information about the different reporting options afforded to them, and referrals to a multitude of different resources-both on base and in the civilian community.

Contact Information

Address:	MCAS YUMA BUILDING 598
Phone:	(928) 269-2994/2990
24/7 Sexual Assault Support Line	**928-941-3601**
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/**counseling**-services/
Hours:	7:00 am – 4:30 pm (M - F)
Languages Offered:	English & Spanish
Cost:	Free

MCCS Program
Behavioral Health Branch

Program / Service

Description

The Behavioral Health Branch is a division of Marine Corps Community Services. Licensed clinicians and certified advocates who have passed credentialing requirements team up with professional prevention specialists to provide multiple educational and treatment options. Our goals are to provide education, support, guidance, treatment and intervention to individuals, couples, and families in need of assistance or who have been mandated for intervention services. Training and support are available on a unit level for each program. The programs include the following:

Preventions & Education Services

Prevention and Education Services are concurrent goals of the Family Advocacy Program. Through education, awareness, identification, reporting, and early intervention with moderate to high-risk individuals and families, the risk of family violence can be minimized. Prevention and Education services offer Self-improvement classes, support groups and a variety of children's programs.

The goals of Prevention and Education are to offer programs that enhance relationship building skills, provide on-going support, and provide opportunities for activities that decrease isolation and build positive relationships for individuals, couples, and families. All classes and programs are available on a voluntary basis. Services are provided in an open and welcome environment. Our professional staff is always on hand to address specific issues, questions, and concerns that may arise.

Contact Information

Address:	MCAS YUMA BUILDING 598
Phone:	(928) 269-2561
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/counseling-services/
Hours:	7:00 am – 4:30 pm (M - F)
Languages Offered:	English & Spanish
Cost:	Free

MCCS Program

Marine Corps Family Team Building (MCFTB)

Program / Service

Description

Marine Corps Family Team Building's (MCFTB) mission is to prepare Marines and their families to successfully meet the challenges of the military lifestyle and thereby enhancing mission readiness. We provide educational programs to foster personal growth, skill development, and resource awareness. MCFTB, along with your Unit's Family Readiness Team, also supports you throughout deployments. Whether you are new to the Marine Corps or Yuma, or seasoned member of the Marine Corps Family, MCFTB has opportunities for everyone. MCFTB welcomes all including spouses, children, parents, fiancées, siblings, etc. All classes and events are free of charge, but require registration. Free childcare is also available with advance registration. Also, we are always in need of volunteers for on-going programs and for special events. Please contact us if you are interested. MCFTB provides educational resources and services to foster personal growth and enhance the readiness of Marine Corps families. All classes are free, and childcare is provided. Most popular classes are listed below:

- Lifestyles Insights, Networking, Knowledge, Skills (L.I.N.K.S).
- Readiness and Deployment Support
- Children's Programming
- Prevention & Relationship Enhancement Program and Chaplain's Religious Enrichment Development Operations (PREP & CREDO)

Contact Information

Address:	MCAS YUMA BUILDING 598
Phone 1:	(928) 269-6550
Website:	http://www.yuma.usmc-mccs.org/index.cfm/military-family/family-team-building/
Facebook:	https://www.facebook.com/pages/Marine-Corps-Family-Team-Building-MCAS-Yuma/167720343280547
E-mail:	N/A
Hours:	7:00 am - 4:30 pm (M - F)
Languages Offered:	English
Cost:	Free

Other Notes: Class registration is required. Please visit the website for more information and up-to-date schedule of classes.

MCAS Yuma Service

MCAS Yuma Station Chapel – Food Pantry

Program / Service

Description

The MCAS Yuma Station Chapel has a Food Pantry available to all Active Duty and their spouses. Running a little short on food a few days before payday, stop by the Food Pantry for a few days' worth of food. You will need to give your Rank & Command (no name).

Contact Information

Address:	MCAS YUMA BUILDING 1177
Phone:	(928) 269-2371
Website:	http://www.nmcrs.org/
Facebook:	https://www.facebook.com/MCASY.Chapel/
Hours:	7:30 am – 4:00 pm (M - F)
Languages Offered:	English
Cost:	Free

Other Notes: See Yuma Community Food Bank on page 60MC

MCAS Yuma Service
NAVY-MARINE CORPS
RELIEF SOCIETY/MCAS Yuma Office

Program / Service

Description

The Society provides financial assistance and education, as well as other programs and services, to members of the United States Navy and Marine Corps, their eligible family members, widows, and survivors. The Society also receives and manages donated funds to administer these programs and services.

Our main goal is to help each person who comes to us get support for their immediate needs. Our long-term mission is to help Sailors and Marines become financially self-sufficient by learning how to better manage their personal finances and prepare for unplanned expenses.

WHAT WE OFFER:

- Interest-free loans and grants for emergency and unexpected financial needs.
- Budget counseling and financial education to help you create a monthly budget.
- Free in home visits by a registered nurse to provide health education, baby wellness check-ups.
- Free in home visits by a registered nurse to veterans and their family members who have been affected by combat service.
- Budget for Baby workshops to help expectant parents prepare for the arrival of a new family member. Attendees receive a free Junior Sea Bag with $80.00 worth of baby items.
- Thrift Shops offering gently –used uniform items. Clothing and household items at very low prices.
- Financial assistance for food, shelter and transportation to aid evacuation or recovery from a natural disaster.

Contact Information

Address:	MCAS YUMA BUILDING 645 ROOM 101
Phone 1:	(928) 269-2373
Phone 2:	(928) 269-5401 (visiting nurse)
Website:	http://www.nmcrs.org/
Facebook:	https://www.facebook.com/NMCRSYuma/
E-mail:	N/A
Hours:	8:00 am - 4:00 pm (M - F)
Languages Offered:	English
Cost:	Free

Other Notes: Call to make an appointment.

Additional Military Resources

Program / Service

Military OneSource

Military OneSource is a U.S. Department of Defense program that provides resources and support to Active-duty, National Guard and Reserve service members and their families anywhere in the world.

Our Promise to You:

- **To be the ONE SOURCE** that stands ready to assist as you master military life.
- **To give you expert support** and information that is proven and practical.
- **To be there, day and night**, wherever you are, when you need a trusted voice, private & confidential.
- **To have answers** you can depend on in pursuit of your best goals and your best Military Life.
- **To be one dedicated community** whose sole mission is you.
-

Contact Information

Phone:	1-800-342-9647
Website:	*https://www.militaryonesource.mil/*
Hours:	24 hours a day, 7 days a week
Languages Offered:	English & Spanish
Cost:	Free

Program / Service

PTSD: National Center for PTSD (Post-Traumatic Stress Disorder)

PTSD is a mental health problem that some people develop after experiencing or witnessing a life-threatening event, like combat, a natural disaster, a car accident, or sexual assault.
It's normal to have upsetting memories, feel on edge, or have trouble sleeping after this type of event. If symptoms last more than a few months, it may be PTSD. The good news is that there are effective treatments.

Contact Information

Phone:	1-800-273-8255
Website:	*https://www.ptsd.va.gov/*
Facebook:	*https://www.facebook.com/VAPTSD*
Hours:	24 hours a day, 7 days a week
Languages Offered:	English & Spanish
Cost:	Free

Additional Military Resources

Program / Service

DSTRESS

The Marine Corps DSTRESS Line provides services to active duty Marine and their beneficiaries. Anonymous phone and chat and referral service using a 'Marine-to-Marine' approach. The call center is staffed with veteran Marines, Fleet Marine Force Navy Corpsmen who were previously attached to the Marine Corps, Marine spouses and other family members, and licensed behavioral health counselors specifically trained in Marine Corps culture. DSTRESS Line's goal is to help callers improve total fitness and develop the necessary skills required to cope with the widely-varying challenges of life in the Corps. Moms, dads, or other family members who are not beneficiaries should call the DSTRESS Line if it can help lead to increased resilience within the Marine family.

Services:

- 24 hour phone, chat and Skype line that provides counseling services with a "Marine to Marine" approach
- Successful interventions interrupting the cycle of suicide.
- Offers "Marine-to-Marine" counseling, allowing callers to speak with a Marine, Fleet Marine Force Navy Corpsmen
- Spouses and children over the age of 18 can call at any time. Children below the age of 18 can call if a parent is present and consents to conversation.
- Works with callers in crisis to stabilize the situation, and then make the most appropriate referral for suitable treatment.

Contact Information

Phone:	1-877-476-7734
Website:	*https://www.usmc-mccs.org/services/support/dstress-line/*
Hours:	24 hours a day, 7 days a week
Languages Offered:	English & Spanish
Cost:	Free

Additional Military Resources

Program / Service

Families Overcoming Stress (F*O*C*U*S)

Resilience Training for Military Families & Couples. F*O*C*U*S helps strengthen couple and families in readiness for tomorrow. F*O*C*U*S builds on their current strengths and teaches new strategies that support resilience. During F*O*C*U*S, families and couples practice perspective-taking and become closer by developing a shared understanding of their experience.

F*O*C*U*S for families to:

- Identify, manage, and discuss emotions
- Clarify misunderstanding and respect individuals points of view
- Build on family strengths
- Feel closer and more supported
- Use problem-solving and goal-setting to empower the entire family

F*O*C*U*S for Couples:

- Improve their understanding of each other's experiences
- Increase relationship closeness
- Talk to one another and provide support
- Work toward a common goal
- Feel hope and optimism for their future together

Contact Information

Address:	
Phone:	
Website:	*https://focusproject.org/content/marine-corps-air-station-yuma*
Hours:	8:00 am - 4:30 pm (M - F)
Languages Offered:	English
Cost:	Free

Additional Military Resources

Program / Service

MILITARY AND FAMILY LIFE COUNSELOR PROGRAM (MFLC)

Military families face unique challenges. They may struggle with issues such as deployment-related stress, reintegration and pressures of managing parenting and finances while a loved one is deployed.

To support military families facing these or additional challenges, the MFLC program provides the following:

- Short-term, non-medical counseling services to service members and their families
- Psycho-education to help military service members and their families understand the impact of deployments, family reunions following deployments and other stresses related to military life
- Augments existing military support services
- Offer flexible service delivery
- Can provide services on or off military installations
- Can provide services to individuals, couples, families and groups

With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential.

Contact Information

Address:	MCAS YUMA BUILDING 505 YUMA AZ
POC:	Jean Clinton
Phone:	(928) 210-6192
Hours:	Call for appointment
Languages Offered:	English
Cost:	Free

Additional Military Resources

Program / Service

OPERATION HOMEFRONT

OPERATION HOMEFRONT assists military families during difficult financial times by providing food assistance, auto and home repair, vision care, travel and transportation, moving assistance, essential home items, and rent-free transitional housing for wounded veterans and their families.

Contact Information

Phone 1:	(800) 722-6098
Phone 2:	Critical Financial Assistance Line at: 1-877-264-3968
Website:	*https://www.operationhomefront.org*
Cost:	Free

Program / Service

Education Directory for Children with Special Needs

The Education Directory for Children with Special Needs provides military families with children with special needs the information they need to make informed assignment decisions and easier transitions. Developed to support military families who have children (birth through age 21) with special educational needs. Military families can consult the directory for information on special-needs issues and listings of national and local resources for early intervention (for infants and toddlers) and special education (for school-age children) services

Contact Information

Website:	*https://apps.militaryonesource.mil/MOS/f?p=EFMP_DIRECTORY:HOME:0*
Cost:	Free

The Yuma Regional Cancer Resource Center

Program / Service

Description

Yuma Regional Medical Center Cancer Center is right here to support you – near your family and friends – offering high-quality care close to home. You'll find a team of dedicated physicians, nurse navigators to help coordinate care, access to the latest clinical trials, complementary therapies to support healing and staff members who are caring and compassionate. Backed by cancer experts and a loving and supportive community – together we support patients throughout every step of the journey to ensure that all of their needs, emotional, physical and spiritual, are met.

Our Cancer Center is accredited by the American College of Surgeons' Commission on Cancer. We are nationally-recognized as a Comprehensive Community Cancer Program that meets the same standards and guidelines as the most highly-recognized cancer centers in the U.S.

The Cancer Resource Center is a place where American Cancer Society Volunteers assist with information about specific types of cancer, treatments, American Cancer Society programs, and other community resources. Volunteers help cancer patients with wigs, hats, and other gift items as well as connect them with some of the following programs:

- **Hope Lodge** – free lodging for people with cancer along with their caregivers, creating an environment that eases both the stress of the cancer journey and the financial challenges.
- **Road to Recovery** – volunteers drive cancer patients to and from treatment and other cancer related medical appointments.
- **Reach to Recovery** – program designed to help women cope with their breast cancer experience.
- **Look Good Feel Better** – teaches beauty techniques to women undergoing cancer treatments.
- **Guestroom Program** - offer free & reduced cost non-medical housing for patients during treatment away from home
- **"tlc"** – catalog provides medical information and special products for women undergoing cancer treatment.

Contact Information

Address:	2375 RIDGEVIEW DR YUMA AZ 85364 (2nd floor)
Phone 1:	(928) 336-4969
Phone 2:	(800) 227-2345
Website:	*https://www.yumaregional.org/Medical-Services/Cancer-Care* *http://www.cancer.org (National)*
Hours:	Call for hours as they vary daily
Languages Offered:	English and Spanish
Cost:	Free

Other Notes: For more information about other cancer resources, please call the National Caner Information Center at 1-800-227-2345 or visit www.cancer.org.

American Red Cross

Program / Service

Description

Each day, thousands of people-people just like you-provide compassionate care to those in need. Our network of generous donors, volunteers and employees share a mission of preventing and relieving suffering, here at home and around the world. We roll up our sleeves and donate time, money and blood. We learn or teach life-saving skills so our communities can be better prepared when the need arises. We do this every day because the Red Cross is needed every day. Red Cross volunteers and staff work to deliver vital services from providing relief and support to those in crisis, to helping you be prepared to respond in emergencies. Here are some of the programs we offer:

- **Disaster Relief** – Learn how we help families and communities recover from disasters.
- **International Services** – Learn how we deliver aid and support programs around the world.
- **Lifesaving Blood** – Learn about our blood donation processes, requirements, hosting opportunities and more.
- **Military Families** – Learn how we help services members, veterans and their families.
- **Training & Certification** – Learn about our health & safety courses for individuals and companies.

Contact Information

Address:	
Phone 1:	
Phone 2:	
Website:	https://www.redcross.org/about-us.html
Hours:	
Languages Offered:	English and Spanish
Cost:	Free

Non-Profit Agency

Easter Seals Blake Foundation:
Early Education and Inclusion Plus (ECEI+)

Program / Service

Description

Designed to increase the capacity of qualified early care and education programs to include and serve children, from birth to age five, with special health and/or developmental needs. ECEI+ provides a comprehensive system of supports to improve the skill level of childcare/preschool staff that includes on-site coaching and targeted technical assistance, group based training, professional development, ongoing classroom and teacher assessments, teacher and classroom plan development (based on assessment data), service coordination with child's special service providers, and connecting families with resources.

Contact Information

Address:	3860 W 24th ST YUMA AZ
Phone:	(928) 248-5112
Fax:	(928) 248-5246
Website:	
Facebook:	https://www.facebook.com/pages/Easter-Seals-Blake-Foundation/123354135163
Hours:	9:00 am – 4:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	

Other Notes: Eligibility: Intensive Individualized Program: Quality First (QF), Waitlisted QF, or Nationally Accredited Child Care Providers.

Non-Profit Agency

Easter Seals Blake Foundation: Parents as Teachers (PAT)

Program / Service

Description

PAT programs provide a comprehensive array of evidence-based services for pregnant mothers and families with young children.

PAT emphasizes providing services for families of children with special health and/or developmental needs, as well as for low-income families and teen parents. Through comprehensive home visitation services and regular group meetings and trainings, our trained Parent Educators help families reach their goals and support their children's development.

Contact Information

Address:	3860 W 24th ST YUMA AZ
Phone:	(928) 248-5112
Website:	http://wwm.easterseals.com/site/PageServer?pagename=AZTU_yuma_la_paz_locations_and_services_family_support
Facebook:	https://www.facebook.com/pages/Easter-Seals-Blake-Foundation/123354135163
Hours:	9:00 am – 4:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	

Other Notes: Eligibility: Prenatal to age three.

Non-Profit Agency

Easter Seals Blake Foundation: Parents as Teachers – Special Needs

Program / Service

Description

PAT programs provide a comprehensive array of evidence-based services for pregnant mothers and families with young children.

PAT emphasizes providing services for families of children with special health and/or developmental needs, as well as for low-income families and teen parents. Through comprehensive home visitation services and regular group meetings and trainings, our trained Parent Educators help families reach their goals and support their children's development.

Contact Information

Address:	3860 W 24th ST YUMA AZ
Phone:	(928) 248-5112
Website:	http://wwm.easterseals.com/site/PageServer?pagename=AZTU_yuma_la_paz_locations_and_services_family_support
Facebook:	https://www.facebook.com/pages/Easter-Seals-Blake-Foundation/123354135163
Hours:	9:00 am – 4:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	

Other Notes: Eligibility: Birth to age four, who are not eligible for the Arizona Early Intervention Program but exhibit developmental and/or medical challenges.

Non-Profit Agency

Easter Seals Blake Foundation:
Children's Behavioral Health
Incredible Years – Dinosaur School

Program / Service

Description

Dinosaur School is a skill-building and school-readiness group that teaches children how to behave in a classroom, problem solve, manage their anger, and be a good friend. For children ages 4-8 who are AHCCCS eligible.

Contact Information

Address:	3860 W 24TH ST YUMA AZ
Phone :	(928) 276-9225
Website:	http://www.easterseals.com/blakefoundation
Facebook:	https://www.facebook.com/pages/Easter-Seals-Blake-Foundation/123354135163
Hours:	9:00 am – 4:00 pm (M - F)
Languages Offered:	English and Spanish

Other Notes: Eligibility**:** Child must be enrolled in a behavioral health.

Non-Profit Agency

Easter Seals Blake Foundation:
Children's Behavioral Health
Incredible Years Parent Education

Program / Service

Description

Parent and/or caregiver techniques to best support your child's development.

- Incredible Years Parents and Babies: for parents of babies 9-0 months at group start.
- Incredible Years Parents and Toddler: for parents of children 6-36 months.
- Incredible Years Basic Preschool (English/Spanish): for parents of children 3-6.
- Incredible Years Basic School Age (English/Spanish): for parents of children 6-12.
- Incredible Years Attentive Parenting.
- Incredible Years Autism Spectrum & Language Delays: for parents of children 2-5.

Parent education groups are offered in 10-18 weekly sessions of 2 to 3 hours each.

Contact Information	
Address:	2460 W 24th ST YUMA AZ
Phone :	(928) 276-9225 Ext. 5101
Fax:	(928) 276-4314
Website:	http://www.easterseals.com/blakefoundation
Facebook:	https://www.facebook.com/pages/Easter-Seals-Blake-Foundation/123354135163
Hours:	9:00 am – 4:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	AHCCCS eligible.

Other Notes: Eligibility**:** Behavioral Health: Parent or child must be enrolled in behavioral health.

Non-Profit Agency

Easter Seals Blake Foundation: New Visions for Families

Program / Service

Description

New Visions for Families Early Childhood Mental Health Services: This program provides a continuum of mental health services (including comprehensive developmental assessments, individualized treatment interventions, and the facilitation of Child and Family Teams) for children birth to age eight, and their families.

Contact Information

Address:	1060 S 5th AVE YUMA AZ 85364-3823
Phone 1:	(928) 276-9225 Ext. 5101
ALT:	(928) 919-1016
Fax:	(928) 276-4314
Website:	http://www.easterseals.com/blakefoundation
Facebook:	https://www.facebook.com/pages/Easter-Seals-Blake-Foundation/123354135163
Hours:	9:00 am – 4:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	AHCCCS eligible

Non-Profit Agency
The Fisher House – San Diego, CA

Program / Service

Description

A Fisher House™ is *"a home away from home"* for families of patients receiving medical care at major military and VA medical centers. A Fisher House is a temporary residence and is not a treatment facility, hospice or counseling center.

- The homes are normally located with walking distance of the treatment facility and have transportation available
- Amenities include: Common kitchen, laundry facilities, spacious dining room and an inviting living room with library, and toys for children. Newer houses are 100% handicap accessible and include elevators.
- Houses can accommodate 16 to 42 family members.

Requirements to stay at Fisher House:

- Patient must be an in-patient at the time of family's check-in
- Family must be traveling from a distance of at least 40 miles
- Each family is an individual case. Therefore, time duration (stay) is determined by the facilities manager.

Contact Information	
Address:	34800 BOB WILSON DR BLDG 47 SAN DIEGO CA 92115
Phone 1:	(619) 532-8751 (619) 532-9055 (619) 532-5216
Website:	http://www.fisherhouse.org/
Facebook:	https://www.facebook.com/FisherHouseSanDiego
E-mail:	sandiegofisherhouse@outlook.com
Hours:	8:00 am - 4:00 pm (M - F)
Languages Offered:	English
Cost:	Free for guests

Other Notes: All lodging fees for guest families at this house are paid through a grant from Fisher House Foundation.

Non-Profit Agency
Saguaro Foundation

Program / Service

Description

Saguaro Foundation is a private non-profit corporation licensed by the state of Arizona to perform a variety of services for individuals with developmental disabilities. The Saguaro Foundation provides services to individuals with developmental disabilities, the behavioral health community, and transportation services within the community and outlying areas of Yuma Arizona. Saguaro provides services to developmentally disabled adults through properly trained residential aids; furthermore, individuals with behavioral health problems are served through professionally trained care givers, and finally, Safe, Affordable, Reliable, and Accessible transportation is provided through professionally trained drivers. At present Saguaro focuses in protecting the rights of the individuals served and promotes their well-being while enhancing their quality of life. In the future Saguaro will strive to continue the high quality of services into other areas while establishing a firm financial position. "Serving Special People with Special Needs."

- **Group Homes & Behavioral Health Group Homes**
- **Transportation for the elderly/handicapped and individuals with developmental disabilities.**
- **Day Programs**: Saguaro Foundation specializes in a wide range of Day Treatment Programs for Adults (DTA'S) with a variety of motivating and individualized program options that are available for each individual attending. Services are performed by professional staffs, which are well trained by certified instructors. Our day programs are designed to fit our clientele's needs by providing a diversity of activities that have been deliberated to enhance and improve their quality of life. Saguaro offers our clientele exploration programs in conjunction with other Yuma area agencies to meet goals in terms of work theory in a practical work environment. This work exploration allows participants to develop marketable skills that may lead to competitive employment in the community. The day program does volunteer work during the week at the Yuma Community Food Bank, Precious Treasures and Salvation Army.
- **Home Community Based Services** - HCBS assists individuals with developmental disabilities that remain at home, with personal hygiene and daily living activities, maintaining safe and sanitary living conditions, planning and preparing meals.

Contact Information

Address:	1495 S 4th AVE PO BOX 55566 YUMA AZ 85366
Phone 1:	(928) 783-6069
Website:	http://www.saguarofoundation.org
Facebook:	https://www.facebook.com/SaguaroFoundationYuma
E-mail:	info@saguarofoundation.org
Hours:	8:00 am - 5:00 pm (M - F)
Languages Offered:	English & Spanish
Cost:	Covered by DDD for those qualified.

***Other Notes**:* All intakes are conducted and finalized by AZ Department of Economic Security/Division of Developmental Disabilities (DDD) Designated Coordinators. Children must be eligible through (AzEIP) and the AZ Arizona DES/Division of Developmental Disabilities.

Non-Profit Agency

Special Olympics Arizona

Program / Service

Description

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Promoting Social Inclusion: The Special Olympics Arizona Unified Program promotes social inclusion for individuals with disabilities and those without disabilities through sports, arts, health, youth and adult leadership, and other self-advocacy programs and campaigns.

These early building blocks result in notable improvements in the development of motor skills, cognitive abilities, social interactions, and emotional development.

Contact Information

Address:	3250 A 40th ST YUMA AZ 85365
Phone 1:	(928) 210-8862
POC:	Lisa Ball *(River Area Director)*
Website:	http://www.specialolympicsarizona.org/near-you/river
Facebook:	https://www.facebook.com/SoazRiver
E-mail:	lisa@specialolympicsarizona.org
Hours:	N/A
Languages Offered:	English
Cost:	N/A

Other Notes: All activities and training are conducted on various sites, suitable for the event. For more information, visit the above website.

Non-Profit Agency

United Cerebral Palsy of Southern Arizona

Program / Service

Description

United Cerebral Palsy of Southern Arizona's primary goal is to provide home-based services for the elderly and people with disabilities. Some of the services are listed below:

- **Attendant Care:** Includes hygiene, light housekeeping, bathing, and meal preparation.
- **Respite Care:** Allow providers, parents and caregivers an opportunity to take a break from regular care giving.
- **Habilitation:** Teaches various activities of daily living.
- **Housekeeping:** Services allow individuals to remain in their own home instead of being institutionalized.

All intakes are conducted and finalized by AZ Department of Economic Security/Division of Developmental Disabilities (DDD) Designated Coordinators. Children must be eligible through (AzEIP) and the AZ Arizona DES/Division of Developmental Disabilities.

Contact Information

Address:	333 W 8th ST YUMA AZ 85364
Phone :	(928) 259-7700
Website	www.ucpsa.org
E-mail:	staff@ucpsa.org
Hours:	8:00 am – 5:00 pm (M – F)
Languages Offered:	English and Spanish
Cost:	Covered under DDD for those qualified. Services are available through private pay; please call for private pay rates.

Non-Profit Agency

Yuma Community Food Bank (YCFB)

Program / Service

Description

The YCFB provides a variety of food assistance programs to help families in emergency situations: Job loss, etc. Those who are referred to the program may use it for a period of 6 months. There is no cost. A food package may include various items: Meat, fruits, vegetables, etc. Eligibility is based on family size and income.

Contact Information

Address:	2404 E 24th ST YUMA AZ 85365
Phone :	(928) 343-1243
Website:	http://www.yumafoodbank.org/index.html
Facebook:	https://www.facebook.com/yumafoodbank
E-mail:	smarten@yumafoodbank.org
Hours:	9:00 am - 2:00 pm (M-F) & 9:00 am – 12:00 pm (Sat.)
Languages Offered:	English and Spanish
Cost:	Free for eligible clients

Other Notes: MCAS Yuma Station Chapel Food Pantry – Page 42

Pediatric-Occupational Therapy
Alrenwald-TheraNova, LLC

Program / Service

Description

Who We Are:
Our CEO and Occupational Therapist, Ruth Waldrop has over 30 years' experience. She has been providing pediatric occupational therapy in Yuma for 20 years. She works with children diagnosed with neurodevelopmental disorders such as Autism, Asperger's Syndrome, Cerebral Palsy, ADHD, Sensory Processing Disorders, Regulatory Disorders, Learning and Behavior Issues, Developmental Delays, and Developmental Dyspraxia, respectively. Ruth stays up to date on the latest interventions, attending conferences, workshops and symposiums around the country.

What We Do:
1. Comprehensive Evaluation
2. Sensory Integration Therapy
3. Visual Perception/Motor Evaluation and Treatment
4. Neurodevelopmental Therapy
5. Kinesiotherapy Taping for Neuromuscular/Orthopedic Conditions
6. Floortime/DIR Approach to Play
7. Teach Self-Care Skills such as Self-Feeding, Play and Social Skills

What You Need To Do:
1. Check insurance coverage for your diagnosis and for Occupational Therapy
2. Talk to you DR. and request a referral for OT. Have you DR. fax the referral to us at (928) 343-7990
3. As soon as we receive the referral we will contact you to pick up an Intake Packet.
4. Return the completed packet to our office, where we will schedule you for an evaluation.

Contact Information

Address:	3802 W 16th ST YUMA AZ 85364
Phone :	(928) 941-0474
Fax:	(928) 343-7990
POC:	Ruth Waldrop, MAOT, OTR/L
Website:	http://alrenwaldtheranova.com/
Facebook:	https://www.facebook.com/RuthWaldropOT/
E-mail:	contact via website
Hours:	Monday-Thursday: 9am-6pm Friday: 9am-2pm
Cost:	Accepts Tricare, also offers private pay or payment plan, subject to approval.

Parent Training and Information Center
Raising Special Kids

Program / Service

Description

Raising Special Kids is provides support and information for parents of children, from birth to age 26, with a full range of disabilities and special health care needs. Programs are offered at no cost to families, and are available in English and Spanish.

What Can a Family Expect From Raising Special Kids?

- Confidentiality, understanding, and a connection to useful information, training, and consultations.
- Within 48 hours of receiving a referral, a member of our Family Support Team will contact with you to determine how we may assist your family.
- Programs and services are provided at no charge
- Programs and services for families:
- Assistance and support at all ages and stages of your child's development from birth to age 26.
- Individual problem-solving support to understand and access the programs, health plans, and services your child may need.
- Accurate, authoritative information related to your child's disability or special health condition.
- Special education consultations, training, and problem-resolution.
- Parent-to-parent connections with a trained parent "mentor" who has a child with a similar diagnosis and is skilled at providing information and support.
- Workshops and training geared to increase advocacy skills, and improve your ability to work with professionals on your child's educational and medical needs.
- Referrals to agencies, organizations, and community resources with expertise to meet your family needs.
- Individual Education Program (IEP) and 504 consultation
- Access to information about health care, community resources, and support
- Assistance in health care systems navigation
- Young adult with disabilities transitional assistance into adulthood
- Free workshops and training for families who are interested in acquiring skills and information beneficial to parenting children with disabilities or special healthcare needs.

Contact Information

Address:	3250 A E 40th ST YUMA AZ 83565
Phone 1:	(928) 444-8803 (include area code when calling)
Phone 2:	(800) 237-3007
Fax:	(928) 239-9838
POC:	Gloria Demara
Website:	www.raisingspecialkids.org
Facebook:	https://www.facebook.com/raisingspecialkids
E-mail:	gloriad@raisingspecialkids.org
Hours:	8:00 am - 5:00 am (M – F)

Languages Offered:	English and Spanish
Cost:	Free

Prosthetics & Orthotics
Hanger Clinic

Program / Service

Description

Specializing in orthotic and prosthetic services and products with one goal in mind: *Empowering Human Potential*.

Pediatric occupational therapy helps children develop the basic sensory awareness and motor skills needed for motor development, learning and adaptive behavior. Services provided:

- Evaluations/Re-evaluations
- Consultations
- Feeding assessment and treatment
- Sensory Integration therapy
- Upper body strengthening
- Fine motor coordination training
- Visual motor integration evaluation and treatment
- Social/behavioral skills evaluation and treatment

Contact Information

Address:	1025 W 24th ST YUMA AZ 85364
Phone :	(928) 341-1965
Fax:	(928) 341-1967
Website:	http://www.hangerclinic.com/Pages/default.aspx
Facebook:	https://www.facebook.com/HangerNews
Cost:	Accepts Tricare

Speech Therapy
Saguaro Speech Therapy

Program / Service

Description

Saguaro Therapy offers Speech, Feeding and Swallowing Therapy.

Contact Information

Address:	3802 W 16TH ST YUMA AZ 85364
Phone 1:	(928) 210-2339
Facebook:	https://www.facebook.com/pages/Saguaro-Speech-Therapy/114886141943764
Hours:	
Languages Offered:	English and Spanish
Cost:	Accepts TRICARE Insurance

Social Security Administration:
Supplemental Security Income (SSI)
Social Security Disability Insurance (SSDI)

Program / Service

Description

Supplemental Security Income (SSI) payments for children with disabilities: SSI makes monthly payments to people with low income and limited resources who are 65 or older, blind, or disabled. A child, if younger than 18, can qualify if he or she has a physical or mental condition, or a combination of conditions, that meets Social Security's definition of disability for children, and if his or her income and resources fall within the eligibility limits. Amounts vary from state to state.

Social Security Disability Insurance (SSDI) benefits for adults disabled since childhood: SSDI program pays benefits to adults who have a disability that began before they became 22 years old. We consider this SSDI benefit as a "child's" benefit because it is paid on a parent's Social Security earnings record.

For a disabled adult to become entitled to this "child" benefit, one of his or parents must be receiving Social Security retirement of disability benefits; or must have died and worked enough to qualify for Social Security.

These benefits also are payable to an adult if he or she is disabled at age 18, and if they received dependents benefits on a parent's Social Security earnings record prior to age 18.

SSDI disabled adult "child" benefits continue as long as the individual remains disabled. Your child doesn't need to have worked to get these benefits.

Contact Information

Address:	325 W 19TH ST STE 1 YUMA AZ 85364
Phone 1:	(800) 772-1213
Phone 2:	(800) 325-0778 (TTY)
Website	www.socialsecurity.com
E-mail:	N/A
Hours:	9:00 am - 4:00 pm Monday-Tuesday & Thursday & Friday
	9:00 am – 12:00 pm Wednesday (except Federal Holidays)
Languages Offered:	English and Spanish
Cost:	N/A

Other Notes: Individuals must apply for services through the Social Security Administration Office.

State Programs

State Medicaid Agency

Arizona Health Care Cost Containment System (AHCCS)

A Division of Department of Economic Security

Program / Service

Description

Arizona Health Care Cost Containment System (AHCCCS) is Arizona's Medicaid agency that offers health care programs to serve Arizona residents. Individuals must meet certain income and other requirements to obtain services.

Contact Information

Address:	1185 REDONDO CENTER DR Yuma, AZ 85364
Phone:	(928) 247-8760
Website:	http://www.azahcccs.gov/
Hours:	8:00 am - 5:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	N/A

Other Note: Applications for AHCCCS and ALTCS (Arizona Long Term Care System) may be completed online at the website listed above.

Arizona Rehabilitation Services

A Division of Department of Economic Security

Program / Service

Description

Recognizing Abilities, Creating Opportunities

Mission
Arizona Rehabilitation Services Administration works with persons with disabilities to achieve their goals for employment and independence.

Vision
Working with Clients: RSA will deliver high quality services that result in employment and independence consistent with the self-direction and informed choice of the person.

Working with Staff: RSA staff will be competent, accountable professionals with a commitment to excellence in customer service. Our staff will be highly valued in an inclusive environment characterized by respect, open-communication, flexibility and trust.

Working with the Community: RSA will be a leader and engaged partner in the community; developing and sustaining collaborations that result in increased employment and independence for persons with disabilities.

Programs
Arizona Rehabilitation Services Administration administers the following programs:

- Vocational Rehabilitation (VR)
- Independent Living Rehabilitation Services (ILRS)
- Business Enterprise Program (BEP)

Contact Information

Address:	1185 S REDONDO CTR DR YUMA AZ 85364
Phone 1:	(928) 247-8880
Website:	https://www.azdes.gov/rsa
E-mail:	N/A
Hours:	8:00 am - 5:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	N/A

State Program
AzEIP - Arizona Early Intervention Program for Infants and Toddlers

Program / Service

Description

The Arizona Early Intervention Program (AzEIP) is the statewide system of services and supports for families of infants and toddlers, birth to three years of age, with disabilities or delays. The purpose of early intervention is to help families help their children develop to their full potential.
Mission - Early intervention builds upon and provides supports and resources to assist family members and caregivers to enhance children's learning and development through everyday learning opportunities.

You know your child best. Contact AzEIP if you have concerns about how your child:

- Plays and interacts with others
- Learns
- Communicates
- Moves
- Sees
- Hears

Who is eligible for services? Any child from birth to 36 months who is developmentally delayed or who has an established condition, which has a high probability of resulting in a developmental delay, as defined by the State.

Contact Information

Address:	201 S 3rd AVE YUMA AZ 85364
Phone 1:	(928) 783-4003
Website:	https://des.az.gov/services/disabilities/early-intervention/az-early-intervention-program-home
Hours:	8:00 am - 5:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	Family Cost Participation may require you to pay a percent of the costs of services based upon your family's size and income.

Other Notes: This is a federally funded program.

State Program

State Mental Health System – Cenpatico Integrated Care/Arizona Complete Health

AZ Department of Health Services/Division of Behavioral Health Services

Program / Service

Description

Cenpatico Integrated Care offers a large network of both behavioral and physical health providers across southern Arizona, serving families eligible for AHCCCS as well as people eligible for state only programs and block grant programs.
Cenpatico Integrated Care will be offering whole person health care, providing both medical and behavioral services to people who have been designated as having a serious mental illness. Cenpatico Integrated Care firmly believes in recovery and that by treating the whole person, we empower members to improve their lives and be engaged in their community. Cenpatico's programs include support tools to identify and assist members on their road to recovery. This is a process unique to each member and members' are given many choices and supported to create their own unique goals. Cenpatico listens to the voices of our members and the communities we serve to improve lives and help people get healthy.

Contact Information

Address:	N/A
Phone 1:	(866) 495-6738
TDD/TTY	(877) 613-2076
24-hour crisis line:	(866) 495-6735
Website:	http://www.cenpaticointegratedcareaz.com/
Facebook:	https://www.facebook.com/Cenpatico
Hours:	8:00 am - 5:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	Services covered under AHCCCS

Other Notes: All managed cases are generated through AHCCCS ***(Arizona Health Care Cost Containment System).*** *http://www.azahcccs.gov/*

State Program
Division of Developmental Disabilities (DDD):
A Division of Department of Economic Security

Program / Service

Description

DES provides supports and services to people with developmental disabilities and their families throughout Arizona. The following is a brief introduction to these services, along with a summary of some of our recent accomplishments.

DES strives to support the choices of individuals with disabilities and their families by promoting and providing flexible, quality, member-driven services and supports within communities. We value our community connections and emphasis on looking at a person's strengths and gifts.

Most services to children and adults with developmental disabilities are delivered in the families or person's own home as well as their community. Services are provided based on each person's identified needs, state and/or federal guidelines and, when applicable, the availability of funds. Services are authorized and monitored by a support coordinator (case manager). The support coordinator promotes access to community resources and flexibility in meeting the person's needs. While some services are delivered directly by the State, most services are delivered through a large network of individual and agency contracted providers.

Services are provided throughout the lifespan of an eligible member. For children under the age of three who have certain developmental delays, the DES Division of Developmental Disabilities works in partnership with the DES Arizona Early Intervention Program (AZEIP) and community agencies to provide early intervention services for these children and their families. Early intervention services help young children grow and develop as well as support their families.

During the school years, services for children and young adults may include specific skills training, behavioral health services coordinated with the Division of Behavioral Health Services (link is external) at DHS, assistance with daily life activities, assistance with transition from school to work or respite (caregiver relief). For adult members, supports may include training to get and keep a job, structured day time activities, in home assistance with daily life activities and other skills training.
Out of home residential placements are also available for children and adults, if needed. Acute care health plans are provided to most members.

The Arizona Department of Economic Security/ Division of Developmental Disabilities provide support and services for people with the following conditions: Autism, cerebral palsy, epilepsy, cognitive disability, and others.

For conditions that qualify for *Arizona Long Term Care System* (ALTCS), DDD contracts and coordinates with providers of long-term care services. Conditions for qualification:

- Person of any age who applies voluntarily
- Children *under 3 years old* who exhibits significant developmental delay, or is at risk for a developmental disability
- Children between 3 - 6 years old who exhibits significant developmental delay
- Children who are older than 6 years old with the following diagnosed conditions: Cerebral palsy, autism, epilepsy, and cognitive disability.
- Teenagers with disability occurred prior to their 18th birthday.

Contact Information

Address:	1185 S REDONDO CTR DR YUMA AZ 85364
Phone 1:	(928) 247-8705
Phone2:	Emergency/After Hours 855-375-1403
Website:	https://www.azdes.gov/developmental_disabilities
Hours:	8:00 am - 5:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	N/A

TRICARE
Extended Care Health Option (ECHO)

Program / Service

Description

The Extended Care Health Option (ECHO) provides financial assistance to beneficiaries with special needs for an integrated set of services and supplies.

To use ECHO, qualified beneficiaries must:

- Be enrolled in the Exceptional Family Member Program (EFMP) through the sponsor's branch of service
- Register for ECHO with case managers in each TRICARE region

Eligibility:
The following beneficiaries who are diagnosed with moderate or severe intellectual disability, a serious physical disability, or an extraordinary physical or psychological condition may qualify for ECHO.

- Active duty family members
- Family members of activated National Guard/Reserve members
- Family members who are covered under the Transitional Assistance Management Program.
- Children or spouses of former service members who are victims of abuse and qualify for the Transitional Assistance Management Program
- Family members of deceased active duty sponsors while they are considered “transitional survivors.”

Children may remain eligible for ECHO beyond the usual age limits in some circumstances. If you or your provider believes a qualifying condition exists, talk to a case manager or with your regional contractor to determine eligibility for ECHO benefits.

Contact Information

Address:	N/A
Phone :	(844) 866-WEST
Fax:	(877) 890-8156
Website:	http://www.tricare.mil/ECHO/
Hours:	7:00 am - 6:00 pm (M - F)
Languages Offered:	English (interrupter services available via teleconference)
Cost:	Cost share per month based upon rank of sponsor.

Other Notes: Enrollment in EFMP is required to enroll in TRICARE ECHO. For those seeking ABA therapy, in addition to the EFMP enrollment, you will need to provide ECHO with a clinical diagnosis of Autism Spectrum Disorder and your child’s Individualized Education Program (IEP) or Individualized Family Service

Plan (IFSP). The qualifying family member's disability must be entered properly in DEERS to have access to ECHO services.

TRICARE

Health Net Federal Services, LLC (HNFS)

Program / Service

Description

The TRICARE West Region includes the states of Alaska, Arizona, California, Colorado, Hawaii, Idaho, Iowa (except the Rock Island Arsenal area), Kansas, Minnesota, Missouri (except the St. Louis area), Montana, Nebraska, Nevada, New Mexico, North Dakota, Oregon, South Dakota, Texas (areas of Western Texas only), Utah, Washington, and Wyoming.

Contact Information

Phone 1:	1-844-866-WEST (1-844-866-9378)
Website	https://www.tricare-west.com/
Hours:	7:00 am - 7:00 pm (M - F)
Languages Offered:	English
Cost:	Cost share per month based upon rank of sponsor

Other Notes: Caller must be a service provider, beneficiary, or government worker in order to get assistance. Please view the website for additional information.

Other Local Resources

Arizona Western College (AWC)

AWC Services for Students with Disabilities

AccessABILITY Resource Services (ARS)

Program / Service

Description

The AccessABILITY Resource Services office works in partnership with students with disabilities, faculty and staff to remove barriers in the educational process through design and accommodation. We recognize disability as an aspect of diversity and promote a culture of inclusion for all diverse groups.

Our Goals:

- Become effective self-advocates, independent and self-sufficient
- Build self-awareness, self-esteem and self-identity
- Work through personal obstacles and obtain academic success

How can we help?

- Academic accommodation advisement
- Testing accommodations
- Note taking services
- Textbooks in alternative formats
- Sign language interpreting

Contact Information

Address:	2020 S AVE 8 E YUMA AZ 85365
Phone:	(928) 344-7674
FAX:	(928) 344-7720
Website:	https://www.azwestern.edu/student-support/accessibility-services
Hours:	7:00am to 7:00pm Monday-Thursday
Languages Offered:	English, Spanish and Sign language (for sign language please call in advance for appointment with interpreter)
Cost:	Service offered at no additional cost to current AWC students.

Other Local Resources

Children's Rehabilitative Services (CRS): Yuma Regional Medical Center (YRMC)

Program / Service

Description

Children who have eligible chronic conditions can receive the specialized care they need through Yuma Regional Medical Center's Children's Rehabilitative Services (CRS) program. The clinic is operated through a collaboration between the state of Arizona, Yuma Regional Medical Center and sub specialists from centers of excellence across the state.

To qualify for care through the CRS program, your child must be enrolled in Arizona Health Care Cost Containment System (AHCCS) and have a medical condition that the state has determined to be CRS eligible.

The following specialties and services are currently offered:

- Audiology
- Behavioral Health
- Cardiology
- Comprehensive Assessments
- Craniofacial (Cleft Lip & Palate)
- Ear, Nose and Throat
- Endocrinology
- Gastroenterology
- Nephrology
- Neurology
- Nutrition
- Ophthalmology
- Orthopedic
- Physical Therapy
- Psychiatry
- Speech Therapy
- Urology
- Wheelchair Services

Contact Information

Address:	2851 S AVE B BLDG 25 YUMA AZ 85364
Phone :	(928) 336-2777
Website:	https://www.yumaregional.org/Medical-Services/Pediatric-Care/Pediatric-Sub-Speciality-Clinic/Children-s-Rehabilitation-Services
Hours:	8:00 am - 5:00 pm (M - F)
Languages Offered:	English and Spanish
Cost:	Services covered under AHCCCS

Other Notes: All managed cases are generated through AHCCCS *(Arizona Health Care Cost Containment System)* http://www.azahcccs.gov/ Member Services is available 24 hours a day, 7 days a week by calling 866-633-2446.

Other Local Resources
Horizon Health & Wellness

Program / Service

Description

Our MISSION is to provide Integrated Health Care that addresses the whole person and promotes wellness using best practices to enhance the quality of life of the individuals, families and communities we serve.
Horizon Health & Wellness has developed an innovative practice model that embodies our philosophy of whole person care while promoting wellness. This approach to health care addresses the whole person by integrating behavioral health with primary health care while promoting wellness and prevention. In this model, our medical and behavioral health staff can work with patients in the same exam rooms to ensure integrated care. Both are involved in assessments, brief interventions and follow-up with patients. Where appropriate, patients may also be referred for wellness activities (e.g. smoking cessation, nutritional education, physical activities, etc.), as well as traditional psychotherapy, and psychiatric services.
Health & Wellness is excited to implement this innovative practice model at a time when health care is undergoing transformation nationally. It is our hope that our integrated model will improve outcomes for people and reduce health care costs for society.
Horizon Health and Wellness is a proud partner of Cenpatico Arizona, Health Choice Integrated Care, and Mercy Maricopa Integrated Care. We also accept AHCCCS health plans and most commercial insurance plans.

Contact Information

Address:	791 S 4th AVE STE B YUMA AZ 85364 (Outpatient) Only self-referral or with Title 36
Phone:	(928) 783-3986
Website	http://hhwaz.org/
E-mail:	N/A
Hours:	7 am – 6 pm (M-Th), 8 am – 5 pm (Friday)
Languages Offered:	English and Spanish
Cost:	Services covered under TRICARE benefit with referral.

Other Notes: Accepts TRICARE. All counseling is done telephonically.

Other Local Resources

Rady Children's Hospital- San Diego, CA

Program / Service

Description

Rady Children's Hospital specializes in pediatric care and is the sixth largest children's hospital in the country.

The Developmental-Behavioral Pediatrics Program at Rady Children's Hospital-San Diego evaluates and treats infants, children and adolescents with developmental, learning or behavioral concern. Along with providing expert, evidence-based care, we have an active research and teaching program. Advocating on behalf of patients and families is also a top priority of our team.

Our services include evaluation, treatment, medication management, intervention, and coordination of care for the following conditions:

- Attention deficit/hyperactivity disorder (ADHD)
- School and learning problems
- Autism spectrum disorders
- Developmental delays
- Anxiety and depression
- Aggression
- Discipline problems
- Attachment disorders
- Infant regulatory disorders (feeding, sleeping, elimination, affect)
- Genetic disorders, including prenatal drug and alcohol exposure
- Intellectual disabilities

Contact Information

Address:	3020 CHILDRENS WAY SAN DIEGO CA 92123
Phone:	(858) 576-1700 (MAIN)
Phone:	800-788-9029 (Customer Service & Referrals)
Website	https://www.rchsd.org/about-us/who-we-are/
Facebook:	https://www.facebook.com/radychildrens
Hours:	7 am – 6 pm (M-Th), 8 am – 5 pm (Friday)
Languages Offered:	English and Spanish
Cost:	Services covered under TRICARE benefit with referral.



SUPPORT GROUPS...

A friendly environment for people of common interest to share, support and learn from each other.

Amputee Support Group

Description

Day of month: Second Tuesday of each month 5:30 pm

Address: Yuma Rehabilitation Hospital – 901 W 24th ST YUMA AZ.

Contact Number: (928) 341-1965

Alzheimer's Support Group

Description

Day of month:

Address:

Contact Number:

Day of month:

Address:

Contact Number:

Autism Support Group

Description

This is a support group based for parents and caregivers with children on the Autism Spectrum. Bilingual program, Early Intervention is key! Information about services in Yuma County will be available.

Day of month: Saturdays 2PM – 3PM

Address: Heritage Branch Library – 350 S 3rd AVE YUMA AZ 85364

Contact Number: (928) 783-5415

Other Autism Support Resources:

Facebook: "Yuma Autism Parents" - https://www.facebook.com/Yuma-Autism-Parents-146894212018878/

Facebook: "Yumans Overcoming Autism" - https://www.facebook.com/Yumans-Overcoming-Autism-130046470361595/

Breast Cancer Support Group

Description

A casual and informal group atmosphere that includes participants of all ages and various stages of treatment and/or years of survival. Caregivers are welcome to attend the meetings. Men as well as women are welcome (men can have breast cancer too).

Day of month: 1st Thursday of each month 7:00 – 8:30 pm

Address: 2375 RIDGE WAY DR (look for sign in lobby) YUMA AZ 85364

Contact Person: Lois Kitchell (928) 344-6942

Contact Number: (928) 336-4969 (YRMC Cancer Resource Center)

Facebook: https://www.facebook.com/Yuma-Breast-Cancer-Support-Group-236694033134056/

Cancer Support Group

Description

Information is provided by a registered nurse who works on the oncology floor at YRMC. This group is for anyone associated with any stage of the cancer diagnosis process (newly diagnosed, receiving Chemotherapy/Radiation treatments, or in remission).

Day of month: 2nd Monday of each month 7:00 – 8:30 pm.

Address: 2375 RIDGE WAY DR (look for sign in lobby) YUMA AZ 85364

Contact Number: (928) 336-4969 (YRMC Cancer Resource Center)

Circle of Friends and Jr. Circle of Friends

Description

This is a parent run group that offers friendships to individuals with disabilities and their families providing weekly activities and special events. Yuma Parks and Recreation has partnered with Circle of Friends, a group of volunteer individuals that help promote activities, sports and lasting friendships for people of all ages with disabilities. Circle of Friends meets every Wednesday from 4:00 pm – 5:00 pm. If you would like to get involved or would like more information please contact the following:

Yuma Parks and Recreation - Marilyn Lammel at 928.373.5000 ext. 5294

Circle of Friends - Deana Flermoen at 928.580.1368

Jr. Circle of Friends – Juliene Range at 928.503.3455

Diabetes Support Groups

Description

Yuma Juvenile Type 1 Diabetes Support Group https://www.facebook.com/groups/206463282837281/

For information on Diabetes, please visit http://www.diabetes.org/

Fibromyalgia & Chronic Pain Support Group

Description

This support group offers support to those diagnosed with fibromyalgia and dealing with chronic pain.

Day of month: Last Thursday of each month **at 6:00 pm**

Address: IHOP - 575 E 16th ST YUMA AZ 85365

Contact Person: Jan Melanson (928) 446-2258

Loss Peepers Support Group

Description

The Loss Peepers Support Group offers support and networking for individuals who are blind or having trouble with their eye sight. No meetings during the summer months. **Transportation is provided.**

Day of month: October – April (call for days & times)

Address: S.M.I.L.E. - 1929 S ARIZONA AVE STE 11 YUMA AZ 85364

Contact Number: (928) 329-6681

Lung Disease Support Group

Description

The Huffer's and Puffer's Support Group helps people with respiratory problems to live life to the fullest. No meetings during the summer months.

Day of month: 2nd **Thursday at 12:30 – 1:30 pm. starting in October**

Address: Yuma Regional Medical Plaza -1501 24th ST YUMA AZ 85364 (North Conference Room)

Contact Person: Connie Fike (928) 336-1015.

Lupus Support Group

Description

The lupus support group is open to anyone with the illness. The group provides information and helps with various aspects of lupus along with teaching ways to cope with the illness. No group during June-August.

Day of month: 1st Thursday of each month at 11:00am.

Address: Yuma Library, 2951 S 21ST ST YUMA AZ 85364

Contact Person: Terri Jones (928) 782-5079.

Empowerment for Multiple Sclerosis Support Group

Description

This group is for people with Multiple Sclerosis and their families.

Day of month: 1st Saturday of each month 9:30 – 11:15 am

Address: Yuma Rehabilitation Hospital - 901 W 24th ST YUMA AZ

Contact Number: (928) 726-5000.

Parkinson's Support Group

Description

The Parkinson support group is open to anyone with the illness. The group provides information, support and networking to individuals with the disease.

Day of month: 1st Monday of each month from 9:00 – 11:00am.

Address: Daybreakers Café - 10800 N FRONTAGE RD YUMA AZ 85365

Contact Person: Greg & Marilyn Gardner